

Our school values are a light that leads everyone in our Holy Cross Lake View Family. They help our school community to determine what's most important which includes our commitment to an education of hope that Teaches the Mind, Touches the Heart and Transforms lives in the Holy Cross Education Tradition entrusted to us by Blessed Basil Moreau, the founder of the Congregation of Holy Cross.

#### **SCHOOL ANTHEM**

#### 1. Holy Cross, Lake View,

Our pride! View the site of cool waters; We strive to maintain your fame, Deepening the spirit of Love.

#### **Chorus**

Our God is the God of truth, Let us trust in Him always; He will guide us all to reach the target, Education for Service.

#### 2. Holy Cross Lake View the source of

knowledge, Welcomes all from West, East, South and North; We educate the mind and the body, And we pledge our gifts to serve.

#### 3. Holy Cross Lake View we yield unto you,

For our future lies in your hands; We serve all those in need, To bring back hope, and life and joy.







#### Wall of Fame



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Bishop's Visit, Confirmation and Blessing of Candidates



Hon Dr Balaam Barugahara. Minister of State for Youth and Children Affairs



The School hosts UPDF
Spokesperson
Brigadier General
Felix Kulayigye during
the UNSA debate
tournament





Fr. Leonard Olobo, CSC meets Pope Francis at the Papal Palace in the Vatican



Biology students pioneer a revolutionary Dialysis Machine. Aproject they aim to complete by Sept 2025

### editorial team

#### Dear Esteemed Readers,

It is with great pleasure and anticipation that I present to you this stunning showcase of the achievements, experiences and stories that have unfolded within our school community throughout the year. This year's publication is a dazzling array of remarkable creativity, boundless passion and exceptional talent that define our school community.

I am profoundly amazed by the talent and passion displayed in the articles, artwork, poetry and images featured in this magazine. I am also immensely proud of how our students have pushed boundaries and explored new ideas, sharing their thoughts and experiences with remarkable enthusiasm. Each piece herein has been curated with meticulous care, attention to detail, precision and purpose to provide a rich tapestry of perspectives, ideas, and experiences that reflect the kaleidoscope of talent within our school walls.

I would like to extend my deepest gratitude to all the contributors, editors, and designers, whose boundless love for the school, unwavering commitment to excellence and relentless pursuit of artistic

## Melcome

## to the latest edition of the

"The EasternBreeze."



perfection have truly brought this publication to life. Your efforts have finally paid off and your talent shines brightly within these pages.

I am incredibly confident that you will find the content both captivating and enriching. As you immerse yourself in the wonders of this publication, prepare to be enlightened, entertained, and inspired. I thus implore you to explore every page of this edition

with an open mind and a curious spirit, ready to be transported to new realms of knowledge and imagination.
Let the words and images within "The Eastern Breeze" ignite your passion, stimulate your intellect and fill you with pride for our school

community. Thank you for joining us on this literary journey and I hope you enjoy reading this remarkable publication as much as we enjoyed creating it.

Warm Regards

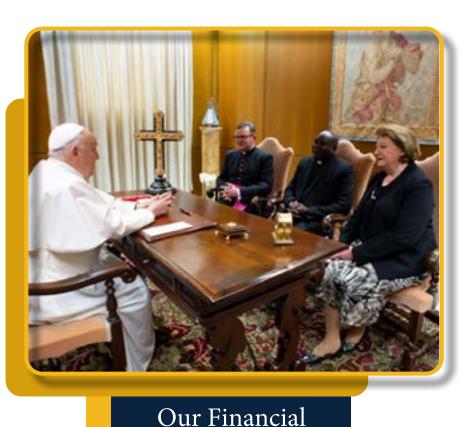
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#### **VATICAN NEWS**







The award ceremony of the Saint John Paul II Award took place on Wednesday 22 May, at 5.00 pm, in the Sala Regia of the Apostolic Palace in the Vatican,

during which Father Leonard OLOBO, C.S.C the B.O.G John Paul II Justice and Peace Centre (Kampala, Uganda),

received the diploma and the statuette of the first edition of the Saint John Paul II Award.

Controller
and ChairPerson
Board of
Governers
JP2JPC
Kampala meets the
Pope in the Vatican
and was awarded

The Maiden Edition

of St. John Paul II

Awards.







#### Rev Fr. Peter Caxton Mayanja, C.S.C

Provincial Superior- Congregation of Holy Cross, Province of East Africa and Chairman B.O.D

#### **DEDICATED TO SERVING HUMANITY**

Dear Brothers and Sisters in the Lord, members and friends of Holy Cross Lake View, As we reflect on the events of the past year, we are deeply grateful for the blessings that the Lord has bestowed upon our efforts to provide a holistic education aimed at transforming our community. At Holy Cross Lake View, *our mission is clear - Education for Service*. The Board of Directors is committed to upholding the vision of our school, which is to empower our students to become active and informed citizens.

Our Blessed founder's words remind us of our purpose: "To what end would it serve the students to know how to read, write, calculate, and draw, or to possess the notions of History, Geography, Geometry, Physics, and Chemistry, if they were ignorant of their duties to God, to themselves, and to society, or if, while knowing them, they did not conform their conduct to that knowledge."

We extend our heartfelt gratitude to all those who have contributed to the holistic education of our students - administrators, teachers, and non-teaching staff. We also thank our benefactors for their ongoing support, as well as the parents who have entrusted us with the education and values of their children.

To our former students of Holy Cross Lake View, we urge you to continue serving as ambassadors of our school, *carrying forth the values instilled in you* to make a positive impact on humanity. May God bless each and every one of you

Rev. Fr. Peter Caxton Mayanja, CSC. Provincial Superior- Congregation of Holy Cross, Province of East Africa.





The background leading to the establishment of this great institution is very much part of the charism of The Congregation of Holy Cross, Educators in Faith. When Holy Cross Lake View started, it looked like a journey with a bleak future. Probably most people at that time never imagined that it would become what it is today. But those who founded this great institution had a dream. They trusted in Divine Providence. What comes to my mind as I write this article is the parable of the mustard seed. For sure Lake View fits this parable: A simple seed that has, over several years, grown into a big tree with many branches where students can find a home.

It is good for us to briefly look back and assess how closely Lake View has followed the ideals and aspirations of her founding fathers. Lake View has managed to offer quality education and has produced quality graduates who have integrity and are well-schooled in leadership and management. From her simple beginnings,

Lake View has managed to steadily grow into an academic power house in Uganda. The founding fathers had in mind that this institution would seek to make quality education available not only to the society's elite, but also the children of hardworking, ordinary people of God. Holy Cross Lake View started as a day school, but with time, it began to rent hostels for boarding students. Now Lake View has developed greatly in capacity: students' dormitories have been built, staff houses have been built, a permanent dining hall has been built, different sports facilities have been put in place, and the number of students has steadily increased. Academic performance has also continued to improve. Lake View has graduated many people who are now serving society in different capacities. Holy Cross always hoped that one day, that simple school that started in some simple buildings would produce people who would offer dedicated service to both church and society with integrity. We can say, Tumetoka mbali. (we

*have come from far).* The journey has been worth traveling.

Lake View has continuously tried to become and remain relevant through making good choices in an effort to respond to emerging contemporary education issues. Our approach is student-centred, in line with the ideals of the founding fathers. This literary means that the students are the key stakeholders at Lake View.

The physical infrastructure development at Lake View is impressive. However, I now call upon all our parents, alumni, well wishers and people of good will to join with us as we build a new chapel for Lake View. The importance of faith in our effort to educate both the mind and heart and our regular worship of the God who has blessed us from the school's beginning needs to find concrete expression on our campus.

As I conclude, I would like to thank our parents, administrators, teachers, support staff, alumni, and other people of good will who have helped us in different ways for your contribution during this long march to present day Holy Cross Lake View Senior Secondary School. Thank you for your generosity, sacrifice, time, energies, counsel, guidance, and presence.

May the BOG, PTA, and administrative team remain focused, consistent, strategic and committed. Let us avoid ideological disorientations, and stand by the ideals of the founding fathers. We have to always be conscious of the changing education environment in Uganda. This will help us to remain relevant to our students and other stakeholders and to face the education challenges with certainty and courage. This long march to present day Holy Cross Lake View Senior Secondary School has not always been easy, but we give thanks to our Lord who has made it possible for us.

Rev. Fr. Willian Lukati, CSC., Chairperson B.O.G Rev. Fr. Prosper Atukwatse, C.S.C.,

**Delineates** 



### We are "Holy Cross Anchors"

I wish to welcome our esteemed readers of our 13th edition of "The Eastern Breeze" magazine. This year, the Lord has given us grace after grace and blessings after blessings. As a school, we have been able to achieve a lot in areas of academics, campus faith ministry and extra-curricular activities. The most exciting thing this academic year 2024 is that our school teams and students have a new name which is "Holy Cross Anchors".

When Blessed Basil Moreau founded the Congregation of Holy, he gave his members the symbol of the cross and anchor. The anchors are always the sign of hope for people travelling on sea. When he combined the anchors and the cross, he came up with the motto for the Congregation of Holy Cross which is, "Ave Crux Spes Unica," meaning "Hail the Cross our only hope." Therefore, it is upon this background that we have decided

to name our school teams and student as "Holy Cross Anchors" since Holy Cross Lake View Senior Secondary School has become a sign of hope for all people in Uganda and beyond.

This year, we received the results of UCE and UACE of 2023 and our students performed with outstanding performance. Similarly, we celebrated the graduation of one of our alumnus Dr. Muwanika Idiobe Salim, who graduated with a Ph.D. in Aerospace Engineering at the age of 29 from Oklahoma State University, making him the youngest ever Ugandan to achieve this award. We hosted Uganda National Students' Association (UNSA) Debate, Public Speech and Poetry Championship, hosting around 2800 students from more than 250 schools from all over Uganda. Our school emerged as one of the best eight schools in Uganda and it is among the four schools that will

represent Uganda at Olympia Pan African Schools in South Africa. Our school is the Regional Champion and number seven in Green Schools Debate national wide.

We presented two teams for National Scouting at Kaazi in Entebbe and both our teams emerged number four out of more than 500 schools. Four of our students emerged among the best one hundred students (100) at Uganda Mathematics Society competitions for this year and they have been invited to attend the training camp for International Mathematic Olympiad 2024. We have been able to successfully host National Seminars in Biology, Chemistry, Physics and Geography. With these and many other achievements,



Holy Cross Lake View is an anchor that all other educational institution in Jinja and Uganda must hinge on. It is a sign of hope for all students, staff, parents and all stake holders.

In addition, the new name "Holy Cross Anchors" signifies the school's dedication to nurturing well-rounded individuals who are equipped to face life's challenges with courage and integrity because a lot of life skills are taught both in curricular and extra-curricular activities offered by the school. It further symbolizes our faith, values, stability and support we aim to provide to our students. Just as an anchor keeps a ship steady amidst stormy waters, we are preparing our students to embody and envision the same steadfastness and perseverance in all their endeavors.

God bless you, Education for Service, Ave Crux Spes Unica.

Rev. Fr. Prosper Atukwatse, Mukama Waako CSC, Principal.



#### **Wise Counsel From**

THE DEPUTY HEADTEACHER

## ADMINISTRATION AND DISCIPLINE

"Empowering excellence through responsibility: Molding the path to success in Year 2024."



My name is Excellence, whatever I touch, comes out as excellent, with my good attitude, I will reap what I sow excellently. As I wake up, as I manage my time, as I complete my work and project assignments and for everything that involves my performance, my determination to my platform and influence among my friends, I hold quality of excellence. With excellence, my extra-curricular activities are done with an attitude of excelling that is sharp, quick, self-driven, and leading by excellent moves through it all, making me to stand up and to stand out.

Let me tell you about a biblical person called Joseph and his excellent ways while in Potiphar's house. Joseph had his own values of excellence like self-discipline, humility, respect and self-control seen when tempted by Potiphar's wife. He was compassionate to his brothers despite selling him out as a slave to the traders. A sense of purpose always walked with him, even after being thrown in prison after being falsely accused by Potiphar's wife. However, his excellent ways did not end in vain. He earned trust from high prison officials and became an excellent Prime Minister, exemplary to all others because he was always

faithful and an excellent dreamer.
The King put him in charge of all his kingdom activities and all he did was an excellent job since God was with him.

Since my name is excellence, I often see an attitude – from Parents, students, teachers and my friends alike – that work just needs to be done. Now, I am looking forward to seeing us all, me and my friends, the students, the parents, my community just like teachers to start asking: "Is this excellent yet?"

So, to have a desire or need to expect that work isn't finished until it is excellent, that proof reading mindset, sowing high, planting in both dry and wet seasons comes with a touch of excellence in everything that is done in the community, school, home and at work place including "a vibrant extra-curricular activity" practiced and done with excellence and for the good attitude towards health and success. Excellence is to those who behave like an Eagle, the bird that sows high and sees five miles away to the ground keeping focus on what to feed on earth.

My name is excellence, I fly to high altitudes like an Eagle and you cannot find me among the pigeons. I like being around friends who excel, with a vision, friends who will not die poor with dreams that never came to pass. I dislike being around failures, I am excellent. It has not been easy for me to be called this name, it takes going through failing the tests of life, disappointments and discouragements to excel. Being great in what I do, being of quality, being good, excelling and giving out my best is my other name.

With my excellent attitude, I love to be tested, because challenges are good for dreamers. Just like the Eagle enjoying the best of the storm in the season, through challenges, I am tested to excel.

With my name, I also know that success is as a result of a series of challenges and failures; I am born with dreams to impact myself to greatness and to impact my community. With footprints in the sand, I am not afraid, I fail once, twice, I will always stand up and stand out to excel. With my excellent character, I find pleasure in developing other people, I get much joy as we excel as a team.

Fr. Henry Kajubi Senteza, CSC Deputy Head Teacher Administration and Discipline

## To waste time is to waste life

CHAPLAIN/
IN COMING DEPUTY
HEADTEACHER

Human Resource

All people on this planet have the same amount of time, which is 24 hours a day, 7 days a week, 30 days a month, and 365 days a year. However, the majority of us are not adept at managing our time so that it can be used effectively and efficiently. According to Alan Lakein, time is life; it cannot be altered or substituted. To waste time is to waste life, but to manage time is to maximize its benefits and take charge of your life.

Wasting time is wrong because it is squandering the chance that God has given us. Consider the number of times that the staff and students at our school have committed this sin. According to Oswald Sanders, time is a resource that can be used up and then gone, with no chance of recovery. Time cannot be delayed either; if it is not spent well, it will be gone and cannot be gained back. The creation account describes how God set aside time to create everything in the universe. God led, coordinated, planned, and exercised control using the management paradigms. Theretime management is implicitly included in God's commandment to humans in Genesis 2:15. God's gift is not limited to tangible objects like money, time is also a gift from God that has been entrusted to humans.

To ensure that the chance God granted them was not in vain, St. Paul advised the Ephesians in his epistolary letter to the church in Ephesus (Acts 5:15–17). Everyone is in charge of how they use their time for that. Above all, understanding that we only have today to use is a crucial component of effective time management. The day is over and cannot be had again. This highlights how crucial it is that we live life to the fullest without mismanaging time and feeling the passing of time too quickly.

The extent of our vision is reflected in how we use our time because the vision is the fuel of our lives. The future is a mystery for those who wait for it but is predictable to those who create it. Therefore, we as

the Holy Cross Lake View family must cherish this priceless gift to create our future. We pray to God, the impeccable keeper of time, to kindly grant us His mercy and favour in our lives so that we effectively manage our time for success in our academics and all our endeavours. The more life is molded by time, the more alive it will be. We must constantly remind ourselves that time is one of the most precious gift we are endowed with thus we have to utilize it well and effectively take advantage of opportunities that come with time. Sadly, not many of us utilize time as an opportunity to seize it; instead, we use it to pass up opportunities. Remember, time mismanagement is a sin, therefore do justice to yourself and God by managing your time thoroughly well.

Rev. Fr. Nichodemus H.G. Kisonga CSC, In-coming Deputy Headteacher Human Resource



## HUMAN RESOURCE MANAGEMENT

In my third year of service as Deputy Head teacher in charge of Human resource at Holy Cross lake view secondary school, a number of insights have come my way. In this article I would like to share about what human resource management means and its basic elements.

Human resource management is about organizing, coordinating, and managing an organization's current employees to bring out the organization's mission, vision, and goals. It involves recruiting, hiring, training, compensating, retaining, and motivating employees and employee exit process. We can simply say that it focuses on investing in employees, ensuring their safety, and managing all aspects of staffing from hiring to compensation and development. The main objective of human resource management is to build a company culture and carry out its mission and overall goals through the management of employees.



Human resource management also develops and enforces policies and procedures that help ensure employee safety. The human resource man-

agement team manages loyalty to federal and state laws that may work to protect employees' private information and ensure their physical and mental safety and emotional well-being. Organizations of varying sizes and industries depend on human resource management to keep business running efficiently.



The human resource management department includes recruiting new hires, evaluating employee performance, ensuring fair compensation and benefits, training employees and supporting education and development, and protecting the health and safety of all employees. These are critical cornerstones of the work of a human resource manager. To be an effective HRM professional, you will need a combination of personal and technical skills like recruitment strategies, creating compensation plans, communication and team building. This will support the life of an organization. Below are the five basic elements of human resource management.

#### Recruitment

An effective recruitment process is at the foundation of human resource management. The recruitment should be based on merit. If you recruit good talent, you can build on their skills and invest in employees for years to come as they add value to the organization. Equally important is company culture. You want employees that add to the culture of the organization. Some common recruiting tools HRM may use include interviewing and hands on practices. The human resource manager must resist recruitment basing on friendship, relationship, status or tribes but merit.

#### Evaluation and performance management

Human resource manager can use data to track employee performance to ensure a highly trained and capable workforce. The data compiled can also be used to change staff training methods, implement a merit-based system for raises. Human resource manager can use formal measures like performance appraisals and informal methods like interviews or surveys.

#### Compensation

Compensation can mean salary, commission, benefits, time off, overtime, and other non-monetary benefits. HRM looks to the industry standard to set salary rates, commission rates, and benefits. This ensures fairness and allows for a consistent company standard. Some organizations may use performance reviews to adjust an employee's salary, among other measures. It should be noted that employee compensation is a challenge to some growing organization as they under pay the employees and no employee benefits in case of employee exit. Institutional heads need comprehensive learning when it comes to employee's compensation and benefits.

#### **Employee** development and learning

It is believed that engaged employees are effective employees. Human resource manager should understand the importance of a workforce that is challenged and supported. Most employees want opportunities for advancement and to feel competent and valued in what they bring to an organization. Part of human resource management is providing these learning opportunities to employees.

This might include academic upgrading, short training options, conferences, workshops and others. Beside to individual learning, human resource manager can also use employee development and learning to help employees adapt to organizational changes, such as system upgrades, technology shifts, and new policies.

#### **Employee safety and health (ESH)**

The safety and well-being of an organization's employees are critically important aspects of human resource management. Employee safety and health covers a lot, such as safety against harassment, bullying in the workplace, apartheid and tribalism. It can mean physical safety that would involve building fire code compliance. It can also mean adherence to labor laws (Employment Act, 2006) that protect an employee's rights at the workplace. Safety in the workplace means cyber security or safeguarding an employee's personal information. A lot goes into protecting all aspects of employees' safety and health, and it is the job of human resource manager to ensure that protection.

A few ways human resource professionals may go about this is by installing security cameras, enforcing internet usage rules, implementing a zero tolerance policy, or creating restricted access areas and one on one interview with the employees. It should be noted that for all these to happen, collaboration amongst the top leaders of the organization must be alive and well.

As Deputy Head Teacher in Charge of Human resource at Holy Cross lake view secondary school in the past two years, these basic elements have been emphasized. However, as department, a number of things in the area of human resource planning, organizing, directing and controlling is still defective. Nevertheless, the office of Human Resource has organized a strategic plan to achieve excellently in this area.

Rev. Fr. Ponsiano Walugembe, C.S.C., Outgoing Deputy Headteacher Human Resource

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#### A MESSAGE FROM

THE DEPUTY HEADTEACHER
IN CHARGE OF
ACADEMICS



A successful school is much more than just teaching. While good teaching and learning are crucial, the academics office that supports it is key to providing a well-rounded education that encompasses the whole child. Effective academics support an education that goes beyond imparting knowledge. They ensure that students' daily needs are met, record, check, and analyze students' performance, create a safe learning environment, and provide appropriate skills and knowledge.

The academics office is the core around which other school activities revolve. It is vital to pay attention to all the activities that facilitate learners and teachers in achieving academic excellence. Education forms the backbone of a country's social, political, and economic structure, fostering development through knowledge and skills acquired from school. At Holy Cross Lake View SSS, the academics office coordinates academic programs and promotes accountability, engaging stakeholders in the process.

In the rapidly evolving 21st century global village, challenges arise from technological advancements and population growth that must be addressed by education. The Ugandan government, through the National Curriculum Development Centre (NCDC), has amended the New Lower Secondary Curriculum to better prepare students for the demands of the job market and modern technologies. Holy Cross Lake View SSS prioritizes the study of both Science and Arts subjects to equip students with the necessary

skills for the future.

The academics office advocates for the production of well-rounded citizens and strives to provide holistic education to prepare learners for society's constant changes. Positive attitudes and values are instilled through academics, which serve as a tool for positive transformation in the world. The future belongs to those who are prepared for it, and parents can trust Holy Cross Lake View SSS to provide education that instills values such as a fear of God, discipline, integrity, and honesty in their children. I wish you a fulfilling experience as you embark on considering entrusting us with your children to provide them with holistic education.

Bright, John Deputy Headteacher in Charge of Academics



## MESSAGE FROM THE DIRECTOR OF STUDIES

O'Level



Dear Parents and Readers, I am honored to address you once again in "The Eastern Breeze." I am extremely grateful to all the parents who have chosen Holy Cross Lake View SSS for providing education to their children. It is a privilege to have your trust in us and we are committed to providing the best academic experience for your children.

Over the years, academic excellence has been at the fore-front of our mission. We take great pride in the high academic standards that our school upholds, and we are constantly striving to ensure that our students excel in their studies. Our experienced teachers are dedicated to providing quality education and support to all our students.

Throughout the year, we have organized a multitude of internal and external seminars, workshops, and other activities aimed at boosting academic performance and nurturing the intellectual growth of our stu-

dents. We have also engaged our students in a wide range of extracurricular activities aimed at nurturing their talents. These initiatives have not only enriched the academic experience of our students, but they have also broadened their horizons, preparing them for the challenges of the future.

I am pleased to inform you that our school is equipped with enough facilities like well-equipped classrooms and modern laboratories to enhance the academic performance, we leave no stone unturned in creating a conducive learning environment.

I therefore encourage students who are considering their education to join Holy Cross Lake View SSS and become a part of our academic community. Together, we can strive for excellence and shape a brighter future for the next generation.

Finally, it is evident that parental involvement in a child's education has a significant im-

pact on their academic success. I would like to take this opportunity to encourage all parents to actively engage in the education of their children ranging from visiting them, responding to all the school programs and discussing your child's life at school. Your involvement is crucial and by working together with the school staff, we can ensure that each child reaches their full potential and achieves academic excellence.

Thank you once again for your unwavering support and trust in Holy Cross Lake View SSS. Let us continue to work together towards academic excellence and success. God bless you. Warm regards,

Nabawesi Rebeccah, Director of Studies, O'Level.



MESSAGE FROM THE DIRECTOR OF STUDIES A'Level

## WE NURTURE WELL-ROUNDED INDIVIDUALS IN A COMPETITIVE WORLD

As educators, it is important for us to acknowledge that the world is changing at an accelerated rate, and we need to adjust our approach to keep abreast with the evolving modes of life. It is crucial for us to pause and reflect on the entire education system. At Holy Cross Lake View, we are dedicated to ensuring that our school equips our students with the necessary skills to navigate these challenges. We continuously reflect on our education system to enhance our curriculum, with focus on academic excellence and holistic development.

#### Our mission is to provide exceptional education to prepare our students for a competitive

future. Through a well-balanced curriculum and a wide range of curricular and extracurricular activities, we aim to nurture well-rounded individuals. Our dedicated staff ensures that the students are up-to-date with current developments while expanding their knowledge base. We consistently encourage our students to set high goals for themselves, enjoy their time in school, achieve remarkable success and we strongly believe that the community is enriched by their achievements.

I am confident that the students who have graduated from Holy Cross Lake View are proud of their Alma Mater and cherish every moment they had in school. The values, skills and principles instilled in them foster critical thinking, resilience and independence, shaping them into responsible Ugandan citizens and make them relevant in the international realm.

Rev. Fr. Ssali Robert, C.S.C Director of Studies, A level. Ad Majorem Dei Gloriam



#### DO YOU HAVE A FINANCIAL PLAN?



Greetings to all employees! As a financial pundit, I am thrilled to have the opportunity to address you all on the importance of having a financial plan in place. A financial plan is essentially a roadmap that guides you towards your financial goals and helps you make informed decisions about your money. It outlines your current financial situation, sets clear objectives, and provides a strategy for achieving those objectives. A financial plan is not just about budgeting or saving; it is about setting goals and creating a roadmap to achieve them.

Creating a financial plan may seem overwhelming, particularly for young employees who are just starting their careers. However, establishing a plan early on is crucial to ensuring a secure financial future. The first step in creating a financial plan is to assess your current financial situation. This includes understanding your income, expenses, assets, and debts. By having a clear picture of where you stand financially, you can make informed decisions and set achievable goals. Once you have a clear understanding of your finances, the next step is to set financial goals. These goals can be short-term, such as saving for a vacation, or long-term, such as buying a home or retiring comfortably. Setting specific, measurable, achievable, realistic, and time-bound (SMART) goals will help you stay focused and motivated as you work towards achieving them. After setting your financial goals, it is important to

develop a strategy for achieving them. This may involve creating a budget, managing debt, saving for retirement, or investing for the future.

It is also prudent that you create an emergency fund. Set aside funds for unexpected expenses, such as medical emergencies or job loss. An emergency fund acts as a financial safety net during challenging times. As you think about investing, remember to invest wisely. Begin by exploring the different investment options based on your risk tolerance and financial goals. Investments can help grow your wealth over time and secure your financial future.

#### Keep reviewing and adjusting your financial plan regularly.

Regularly review it to track your progress and make necessary adjustments based on changing circumstances or goals.

Having a financial plan in place allows you to track your progress, make informed decisions about your money, and prepare for unexpected expenses.

Having a financial plan in place allows you to track your progress, make informed decisions about your money, and prepare for unexpected expenses.

It offers peace of mind, knowing that you are on the right track towards your financial goals and future security.

I would like to take this opportunity to advise all employees, especially the young employees, to start thinking about their financial future and create a financial plan sooner rather than later. By taking control of your finances now, you can build a strong foundation for financial stability and success in the future.

One valuable tool that can assist in creating and maintaining a financial plan is a cash flow tool.

This tool allows individuals to track their sources of income and expenditure, identify areas for improvement, and make informed financial decisions. By utilizing a cash flow tool, young employees can gain insights into their spending habits, allocate resources wisely and make adjustments to reach their financial goals more effectively.

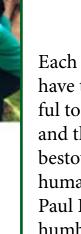
Finally, I implore everyone to take the first step towards financial security by creating a financial plan. Remember by planning for your future today, you are investing in a better tomorrow. Your future self will thank you for taking the time to understand your finances and make a plan for success. Thank you.

Rev. Fr. Leonard Olobo, C.S.C., Financial Controller

## May 2024 THE MAIDEN EDITION

OF ST JOHN PAUL II AWARD

#### Rev. Fr. Leonard Olobo, CSC.



Each and every new day, we have to be extremely grateful to God for the gift of life and the special achievements bestowed upon us in serving humanity. On behalf of John Paul II Centre, I am incredibly humbled and filled with gratitude for winning the prestigious and humbling award of The Maiden Edition of St. John Paul II Awards.

It was really an ecstatic moment receiving an award, which was not only a testament of the global recognition of our humble work but also a manifestation of the steady progress of God's work through our centre.

It's worth knowing that John Paul II Centre in Kampala, Uganda was established in commemoration of Pope John Paul II and ensure continuity of his legacy of good works in social justice. With our motto "Faith Doing Justice", we have been dedicated to promoting justice and peace in Uganda. We are always reminded every day of the immense responsibility of combating Trafficking in Persons, welcoming refugees, creating environmental awareness, promoting girl child education among others.



I would like to acknowledge the love, support and commitment of the founders, staff and volunteers of our Centre. As a Reverend Father, I have always believed it is our duty to speak out against injustice, and to work together towards creating a more inclusive and compassionate society.

The Easter

THE AWARD

COMMITTEE

CARD, KURT KOCH

President of the Chapter of the John Foul II For Award, Prefect of the Disastery for Promoting I



We are sincerely grateful for the recognition and acknowledgment of our efforts. This has renewed our strength and motivation to continue our advocacy for justice and equality and with this award, we are reminded of the impact each of us can have when we come together in solidarity and unity. We pray to God that this award acts as a catalyst for continued action, renewed commitment to our mission and for a steadfast determination to bring change in the world.

I strongly believe we can make a difference in the lives of so many and achieve the world where Justice and equality prevail for all. May God bless you as we continue on this important journey together.





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#### OFFICE OF CAREERS AND REGISTRY

The Careers and Registry Office at Holy Cross Lake View Senior Secondary School is an integral part of the school's support system, dedicated to guiding and preparing students for their future endeavours. With a strong emphasis on providing practical exposure, the office successfully organized a career day, where accomplished alumni known as Old Boys (OBs) and Old Girls (OGs) of the school shared valuable insights and guidance from their professional journeys with current students.

The Careers and Registry Office further organized a job shadow for students, providing them with the opportunity to gain firsthand experience in various professional environments. The event aimed to offer students valuable insights into different career paths and to help them make informed decisions about their future endeavors.

One of the prominent companies that participated in the job shadow day was Bidco Uganda Limited. Students had the chance to shadow professionals in various departments, gaining a deeper understanding of the operations of a leading company in the region. The experience at Bidco Uganda Limited provided students with practical exposure to the corporate world and an insight into the diverse career opportunities within the company.

In addition, students had the opportunity to shadow health-care professionals at St. Francis Hospital, where they gained a firsthand understanding of the daily responsibilities and challenges faced by medical professionals. The experience at the hospital allowed students to witness the critical role of healthcare providers in the community and provided valuable exposure to the healthcare industry.

Furthermore, students shadowed professionals at Stanbic Bank Jinja Branch, where they were able to observe the intricacies of banking operations and interact with professionals in the finance sector. This experience offered students a glimpse into the dynamic and fast-paced environment of the banking industry, as well as the diverse career paths available in finance and banking.





Moreover, students had the opportunity to shadow professionals at Baba TV and Baba Radio, gaining insights into the world of media and broadcasting. This experience allowed students to witness firsthand the inner workings of a media organization and provided valuable exposure to the field of journalism and broadcasting.

Overall, the job shadow provided students with invaluable hands-on experience in diverse professional environments. The event was instrumental in broadening students' perspectives on various career paths and equipping them with practical insights to make informed decisions about their future careers. The proactive approach of the Careers and Registry Office in organizing such events has significantly contributed to preparing students for their future endeavors and shaping their career aspirations.

In addition to these experiences, the office has played a pivotal role in assisting students with university admissions in Uganda and abroad. Notably, we have been instrumental in helping students secure scholarships at various universities, including St. Edward's University in the USA, with eight students successfully obtaining scholarships at this esteemed institution.

The dedication and proactive approach of the Careers and Registry Office at Holy Cross Lake View SSS have significantly contributed to shaping the career aspirations of students and preparing them for a successful future.









rn Breeze 23



Tuesday, 8th October was a day of celebration and blessings as Holy Cross Lake View SSS welcomed the Bishop's pastoral visit. The school was not only celebrating its 31st anniversary, but also receiving blessings for the candidates. Although the Bishop of Jinja Diocese, His Lordship Charles Martin Wamika, was unable to attend in person, his presence was strongly felt through his representative, Rev. Fr. Achileo Wandera, who exquisitely delivered the Bishop's message and blessings to the candidates.

The occasion was graced by various dignitaries, including the sisters and brothers of the congregation of Holy Cross and St. Benedict, the parents of the confirmants as well as students and staff from St. Joseph's Hill Kyenjonjo, a sister school that presented their best wishes and success cards to the candidates of Holy Cross Lake View, adding to the joyous atmosphere.

The highlight of the mass was the confirmation of the pupils of Saint Benedict Grade School and the students of Holy Cross Lake View SSS. The candidates of Holy Cross, who are preparing for their exams this year, were also blessed by Fr. Achileo, instilling in them hope and confidence for success in their exams.

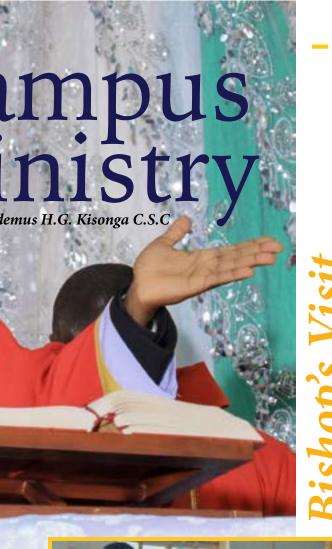
Father Achileo's sermon was filled with words of encouragement and wisdom, nurturing the spirits of the candidates and urging them to embrace their potential and strive for excellence. Speeches were delivered by the school Prime Minister, the head teacher, and the main celebrant, all of whom expressed gratitude, encouragement, and inspiration to the students.

The day continued with a commemorative photo moment with the clergy, confirmants, and staff, followed by the blessing of the new Community House and chapel named after Brother Flood, a former Head teacher of Holy Cross Lake View, in honor of his service to the school.

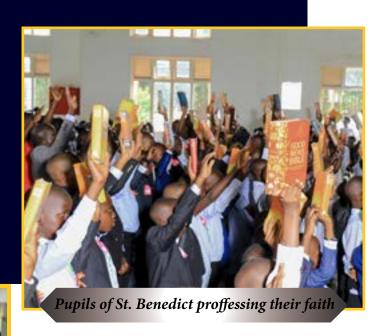
To conclude the day, a delicious lunch was served to all attendees, and a friendly football match between Holy Cross Lake View and Saint Joseph's Hill Kyenjonjo took place, with Holy Cross Lake View emerging victorious with a 1-0 score. The sportsmanship displayed on the field highlighted the unity and friendship shared between the two schools. It was truly a day of blessings and celebration, that fostered a sense of hope, unity and faith among the souls of the school community.

The Easter

We Teach i











**Staff Choir Animating Mass** 



## Adopting A Serious Attitude for Academic Excellence.

In a world brimming with distractions and endless options, the concept of "now or never" is more than just a motivational phrase, it's a powerful call to action. For students, especially in today's fast-paced educational environment, adopting this mindset can be transformative. Cultivating a spirit of seriousness about their studies and responsibilities isn't merely about buckling down and hitting the books; it's about embracing the moment with intent and purpose.

The phrase "now or never" encapsulates the urgency of the present moment.

It's easy to procrastinate, to think that there's always more time to complete assignments, prepare for exams, or engage in extracurricular activities.









Omodo Anthony Olowo, Head of Faculty- Arts

The phrase "now or never" encapsulates the urgency of the present moment. It's easy to procrastinate, to think that there's always more time to complete assignments, prepare for exams, or engage in extracurricular activities. However, the truth is that time, once passed, cannot be reclaimed. By recognizing that the present is all we truly have, students can harness their focus and energy to achieve their goals more effectively.

Seriousness in one's approach to studies fosters discipline. This is not just about setting aside time for homework or revision but also about creating a structured routine that prioritizes learning. When you adopt a serious attitude, you become more adept at managing distractions. You learn to prioritize tasks, create effective study environments, and dedicate yourself fully to your work. This increased focus leads to better retention and understanding of the material.

Define what needs to be accomplished and set specific, achievable targets. Breaking down larger tasks into smaller, manageable steps can make the process less overwhelming and more actionable. Besides, organize your time effectively. Use planners, calendars, or digital tools to allocate time for studying, assignments, and other activities. Adhering to a structured schedule helps in balancing academics with other responsibilities.

In addition, identify what commonly distracts you and find

ways to minimize these interruptions. This might involve creating a quiet study space, setting specific times for personal reading, not forgetting having academic friends.

Regularly review your progress and reflect on what's working and what isn't. Being flexible and willing to adjust your strategies can help you stay on track and maintain a serious approach to your work and don't hesitate to ask for help when needed. Whether it is from teachers, peers, or family. Seeking support can provide guidance, clarify doubts, and keep you motivated.

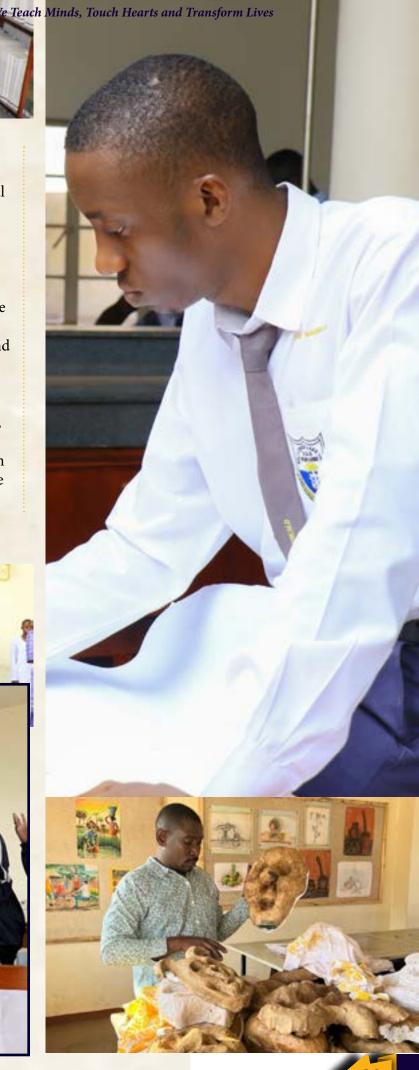




Adopting a serious attitude towards one's responsibilities can have a ripple effect. It influences not only academic performance but also interpersonal relationships and personal development. When students approach their tasks with seriousness, they set an example for their peers, contribute positively to their school community, and build a foundation for future success.

In conclusion, the "now or never" mindset is more than a call for immediate action; it's an invitation to embrace the present with a sense of purpose and seriousness. By focusing on the tasks at hand and dedication, students can transform their educational experience, build essential life skills, and pave the way for future achievements. Remember, every moment is an opportunity to make a difference in life, so why not seize it with determination and enthusiasm? And please never forget God, He is the source of everything you need in your lives.







# To State of the St

Science Education is Vital to the Girl Child as it is to the Boy Child.

Traditionally Science, Math and other related disciplines have been reported to be more suitable for boys. This perception has greatly impacted on girls' confi-

dence in their Science, Technology, Engineering and Mathematics (STEM). As a result, many girls believe that they are not good at Sciences even when their scores are equally the same as boys.

Making science education friendly to girls will grow their confidence and this creates wonderful opportunities to not only their future but to also that of this country. Science improves girls to be not only critical thinkers but also creative and this helps them persist through failures of life in addition to working as a team and problem solving.

The best part is that this thinking can be used outside of STEM and applied to almost any situation in life. Therefore, teaching young girls and women to use their minds in this way through science education hones their problem solving skills and sets them up to be the solution to problems/ challenges in our country. Embrace science in a girl child, embrace change. "If you keep doing the same thing, you will end up getting the same results"

Albert Einstein.

Mr. Mukabire John Simon, Head of Science Faculty.











#### Holy Cross Lake View Blends the

#### NEW CURRICULUM WITH STEM EDUCATION!

#### Igniting Futures through STEM hands-on creative and innovative Learning

From intergrating a learner centred curriculum to engaging students is sceince and technology, environmental research, publication and innovation our learners are inspired to explore their gifts and talents in **Science Technology**, **Engeering and Maths**.

What is even more exciting isnt just sparking curiosity, its creating continous opportunities for our learners to share knowledge with our sister schools and universities, showcasing abilities during the science fare which allows them to explore innovations in a variety of areas but most importantly create a continous pathway for all leaners to become tomorrow's innovators, creators, makers, and enterpreneurs. All these empower our learners with skills they need to thrive in the work force as job creators.

Whereas, the new curriculum pedagogy aims at providing to the learners 21st Century skills which include; critical thinking, creativity, collaboration or teamwork, communication, information literacy, ICT, and flexibility. Holy Cross Lake View is well set for all the above; We have an open door policy for all students to consult with their educators and where need be technical people in areas of their innovations or Creative Projects. Our students run and on campus Lavisco Tv, this is designed to bridge the communication gap and give students an opportunity to explore a variety of skills and talents.











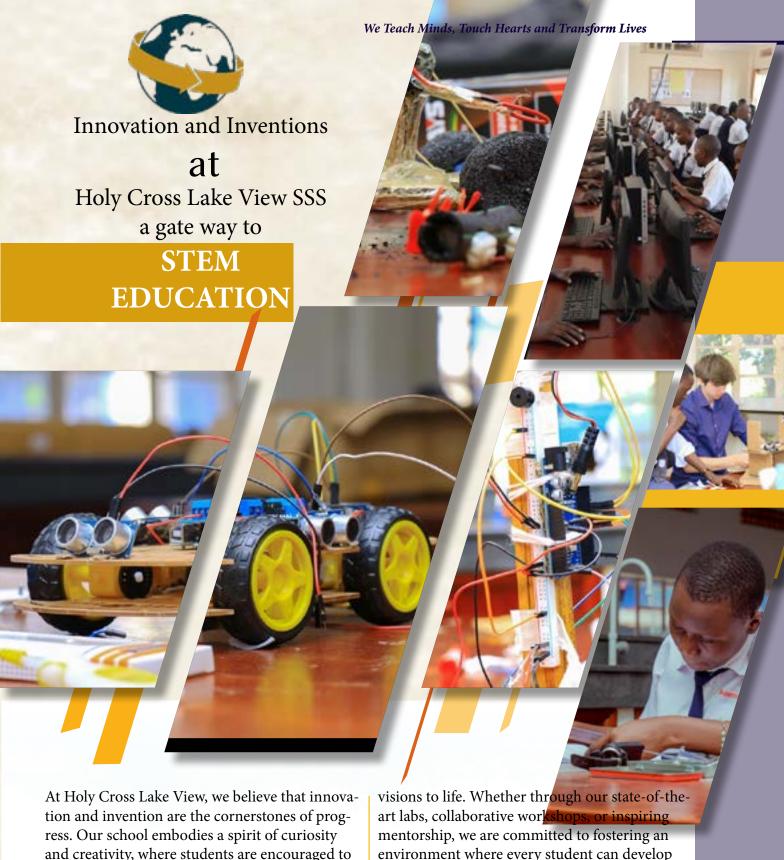




Our students are also also involve in performing arts besides the many music videos they have produced recently released a new film "Failed Mission" and the direction of the Campus Ministry Deaprtment. We continue to explore opportunities for our student through MDD, Talent show programs among others



The Easter



and creativity, where students are encouraged to think beyond the conventional and explore new horizons. From ground-breaking science projects to inventive art pieces, our community is a vibrant hub of ideas and experimentation.

Innovation isn't just about new gadgets or technologies; it's about envisioning a better future and having the courage to make it a reality. At Holy Cross Lake View, we nurture this spirit by providing a platform for students to bring their creative

environment where every student can develop their unique ideas and contribute to a brighter tomorrow.

As we continue to push the boundaries of what's possible, we remain dedicated to guiding our students on this exciting journey of discovery and innovation.

#### **NSUBUGA CLINTON S5s**

#### HIGHLIGHTS OF THE MATHS CONTEST 2024

The Mathematics contest is a competition organised every year by the Uganda Mathematical Society (UMS) where contestants are invited from Primary, Secondary, Technical (BT-VET) schools and Universities from all over Uganda. There are two papers for Primary and Secondary schools. Paper one is done at the respective Primary or Secondary school while Paper two is done at the Regional Centre. The contest basically targets the candidates and semi-candidates. The aims of the Mathematics contest are to:

Stimulate and develop the interest of Ugandan students in solving Mathematical problems. Arouse critical, logical, investigative, methodical and analytical thinking when handling Mathematical problems. Promote positive and healthy academic competition among students at National level. Popularize Mathematics among students with a view of identifying prospective Mathematicians while young. Identify Ugandan students who will participate in the East African Mathematics Olympiad (EAMO) Pan African Mathematics Olympiad (PAMO), European Girls' Mathematics Olympiad (EGMO), International Mathematics Summer Camp (IMSC) and the International Mathematics Olympiad (IMO) for the year 2025.

Students who participate in the contest benefit in overcoming the fear of Maths, developing love for Maths, exercising their brains to solve the set questions and enjoying the excitement of finding a solution to a challenging problem. They also experience examination conditions before doing the National Exams and develop the skill of interpreting challenges, developing solutions and checking if their solutions solve the given problem. They also become more confident and have better logical reasoning and problem solving abilities.

The school community benefits by having an improved performance in Maths as a subject. The contestants inspire and help their colleagues at school to do better in their Maths class work and exams and It increases number of critical and logical thinkers in the school as well as training the students to think logically and critically. The students learn that there is a cause for every effect and also that there are processes that must be followed to achieve certain results. Such values guide the students to be more committed to their studies and foster their discipline.

Upon announcing the Maths contest of 2024, there was an aura of excitement that more than 150 students registered to participate. Some Senior one, two and Five students wondered how they were going to attempt the questions given the small coverage, until the interested ones took a bold step and registered their names. All new contestants were briefed about the nature of questions which required common sense, they were purely meant for pleasure to stimulate their imagination and demanded ingenuity and creativity from the participants. They were given a series of preparation tests to determine their ability levels and expose them to contest type questions.

Paper one was done on Saturday 6th March, 2024 and the Contestants appeared smartly dressed in full school uniform by 8:30 am. The contest exam was done under strict conditions similar to the National exams. The paper lasted for 3 hours and 15 minutes. The O-level contestants were courageous enough to work through the entire 195 minutes of the paper without dozing off. Unbelievably, some even asked for extra answer booklets and upon finishing the exam, they were treated to a special meal. After the first round, there will be more events as mentioned below: The best performers in Paper one

will go for Paper two at the Regional Centre, Victoria Nile Primary School, Jinja on Saturday 29th June, 2024. Prizes and certificates will be given to the best performers in Paper two on Saturday 27th July, 2024 at Makerere university, Kampala. Best performers in Paper two will go for the East Africa Maths Olympiad(EAMO) in Nairobi Kenya. Best performers in the EAMO will participate in the Africa Maths Olympiad (AMO) in Johannesburg, South Africa. There will also be a European Girls Olympiad. Finally, there will be an International Maths Olympiad (IMO) in Bath, United kingdom.

All students who participated in the Maths Contest automatically became members of the Maths Club of Holy Cross Lake View. The Maths Club will soon participate in the International online Kangaroo Maths Contest. This year's Maths Contest theme is "Maths is the hinge of all careers". Basing on this theme, we will work with other Science subjects to perform several Science, Technology, Engineering and Maths (STEM) activities. Watch the space for more updates!

Special thanks goes to the school administration for the financial and moral support and the Maths Department for the team spirit exhibited.

Gerald Muhuumuza, HOD Maths Department 2024.



#### NO MORE ION-RELATED DEFICIENCY



Mr Oule Samuel, Biology Department

Basing on the alarming ion-related deficiency challenges and the society's lack of idea about the readily available sources of these crucial ions, our S.4A learners under the guidance of Mr. Oule Samuel were inspired to come up with a project to address this challenge and save many lives.

From their Chemistry knowledge of the periodic table and the elements in it, the learners came to realize that the ions of those elements may not make sense to a person's life unless they understand the uses of these ions in their biological systems. They therefore came up with a project aimed at informing the public about the roles of the ions, the consequences faced if the required quantities of the ions are not met and the possible remedy for the deficiencies.

The project was hinged on the theme, "Eradication of ion-related deficiency problems in our societies." The rationale of the project was to educate the people about the food substances that contain these particular ions in relatively considerable concentrations and give a procedure for preparing different foods to be taken such that an individual can obtain these ions in plenty. These include drinks like juice, taking whole grains, groundnut pastes, chocolates, pumpkin pies among others. The project therefore provides a diverse form of recipes in order to cater for the different food eating preferences but above all, ensuring that an individual obtains the required ions from the various natural foods. Different groups ventured into different food categories namely; fruits,

juice making, legumes, cereals, roasted seeds and greens which is a long-term project.

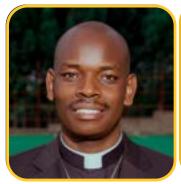
This teachers have played a Cardinal role in guiding the learners throughout their project and engaging in research with them to ensure that they accomplish their project work successfully. The school Librarians have also played a pivotal role in ensuring that the students access internet and guide them accordingly during their research. Similarly, the school administration has greatly facilitated the project by providing both moral and financial support.

In relation to the New Curriculum which emphasizes equipping learners with knowledge and practical skills that can be applied in the society to generate income and also solve the societal challenges, our project was invented to equip students with the required practical knowledge and skills. According to some interviews conducted during and after the project activities, many students confessed that they have acquired many skills and they can now make money from the food substances available at home like fruits, cereals, legumes among others. This was enough evidence that the project already yielded positive impacts on the learners and created a broad foundation for carrying out other projects in Chemistry and other subjects in addition to their research abilities.

In a nutshell, the students' project not only showcases an exceptional display of the students' conceptualization of the what is taught in class but also highlights the importance of collaboration, creativity and research, the exact skills cherished in the 21st century world. For more details, visit our website created by the students at www.hclvs4projects. outtiiny.site.



#### SCHOOL ADMINISTRATION AND HODS



Fr. Prosper Atukwatse, CSC HEADTEACHER



Fr. Kajubi Henry Ssenteza, CSC Deputy Administration and Discipline



Mr. Bright, John Deputy Head Teacher Academics



Fr. Nichodemus Kisonga, CSC Deputy Human Resource/ out-going Chaplain



FR. Ssali Robert, CSC Directors of Studies A'Level



Ms. Nabawesi Rebeccah, Director of Studies O'Level



Fr. Leonard Olobo, CSC Financial Controller



Fr. Dauglas Alinaitwe, CSC School Chaplain



Ms. Tereka Grace School Bursar



Mr Anthony Omodo Olowo, HOF Arts.



MS Caroline Kebirungi, HOD Languages.



Mr Ezekiel Niwamanya, HOD Geography.



Mr Joseph Mashani, HOD CRE.



Mr WAMBI JOSH-UA- ART AND DESIGN.



Mr Yonah T wongyirwe, HOD Business.



MS Brenda Atwiine, HOD History.



Mr John Simon Mukabire HOF Sciences.



Mr Eliphaz Osapir, HOD Agriculture.



MS Eva Balisimaki, HOD Chemistry.



Mr Michael Mukangala, HOD Biology.



Mr Noel Turyamuhaki, HOD Physics.



Mr. Frank Luninze, HOD ICT.



Mr. Gerald Muhumuza, HOD Mathematics.



Sheila Twinomuhangi, Sports Mistress



Mr. Denis Odongo, Sports Master.



MS Herjiga Loraine Everlyne, Admin Assistant.



MS Jeniffer Oyella, Senior Woman.



Fr. Ssalongo Stephen, C.S.C Assistant Bursar



Dn Bwanandeke Mathayo, C.S.C Procurement



Br. Ajuna Andrew, CSC Procurement







## HOW ONE CAN ACHIEVE SUCCESS DESPITE THE LIFE CHALLENGES.

Life is full of challenges and obstacles that can make it difficult to achieve our goals and dreams. However, it is possible to overcome these challenges and achieve success if we stay focused and determined. Here are some tips on how to achieve success despite the hurdles life throws at us. First and foremost, you should learn from your mistakes. Some people have failed to obtain their success simply because they have that natural fear of making mistakes in life and this has exempted them from achieving what they desire in life. Mistakes are a natural part of life and should be seen as opportunities for growth and learning. Instead of dwelling on your failures, use them as stepping stones towards success. Reflect on what went wrong and figure out what you can do differently next time to achieve a better outcome.

In addition, have clear goals for yourself: It is imperative to have clear and specific goals for yourself in order to stay motivated and focused. Write down your goals and create a plan on how you will achieve them. Break down your goals into smaller and more manageable tasks so that you can track your progress

and stay on track. Remember, you should not bite what you cannot chew, thus you should set measurable and achievable goals.

Most importantly, Stay disciplined and keep pushing forward. Success takes time and effort, and it is important to stay disciplined and stay committed to your goals. There will be times when you feel discouraged or want to give up, but it is during these times that you must push yourself even harder. Success does not come on a silver plate, but with determination and hard work, you can achieve anything you set your mind to.

Furthermore, surround yourself with positive and supportive people: The people you surround yourself with can have a huge impact on your success. Surround yourself with people who support you and believe in your abilities. Stay away from negative influences and surround yourself with positive and motivated individuals who inspire you to reach your full potential. Be adaptable and open to change. Life is unpredictable, and you must be willing to adapt and change your plans when necessary. Be open to

new opportunities and ideas, and be willing to step out of your comfort zone in order to achieve success.

Lastly, never ever compare yourself with anyone in the world because you will be the saddest person in life and it will make you die before your natural death. Remember that success is not determined by the challenges you face, but by how you choose to overcome them. Stay focused, stay determined, and never give up on your dreams. With hard work and perseverance, you can achieve success despite the obstacles in your way.



# THE VALUES OF EDUCATION TO OUR CHILDREN.

Greetings to our dear esteemed readers! It is a great pleasure writing to you again in this edition of our Eastern Breeze. We thank the Almighty God who has seen us through all our spheres of life by His Grace and Mercy.

We have all heard of these famous sayings, "Education is the key to success", "Educate a girl then you will have educated the whole nation." These sayings indicate how important education is to our children, the society and the nation at large. Its really unfortunate that some of our children don't value their education, they think that they are studying for their parents and guardian who pay their fees. Others even think that sitting in class to attend lessons, doing assignments, tests and exams, they are just doing a favour for the teachers. Our dear children forget that the fruits of education don't come on a silver plata, it involves a lot of hard work and sacrifices to become a successful man or woman in our society.

MS Jeniffer Oyella,
Senior Woman.

sibilities to encourage our children to embrace their education so that they can have a bright future. It is really depressing to know that some communities still downplay girl child education. Some parents think that since the girls will be married off to another family, they may not benefit from their education, so emphasis is put on the boys with the intention that they will remain and look after them in their old age. This is a very wrong mentality. Apparently, the world has greatly changed, we therefore need to empower all our children through education so that they can be confident, and self reliant and equipped with the necessary skills to enable them fit and compete favourably in all aspects of their life.

Overall, education is very necessary for every child whether a boy or a girl. Through education, our children are enlightened with the required knowledge and skills which help to reduce the cases of gender-based discrimination which affects productivity in our country. Let us give each child equal opportunity to be educated so that they can contribute positively to the development of our nation with the knowledge, skills and talents they would have acquired through education.



## Student Leadership



Benjamin Nabongho, Prime Minister.



Innocent Omar, UNSA President.



Marvin Kigenyi, Head Boy.



Faith Akello, Head Girl.



Mary Babita, School Speaker.



Victoria Alinda, DC President.



Hannah Kimirembe Deputy Prime Minister.

## Wise Counsel from the Prime Minister.

## Be Disciplined, and Achieve Acdemically.

Discipline plays a vital role in our academic achievements.

By maintaining a disciplined approach to our studies, we can stay focused, organized, and motivated to excel in our academic endeavours

Discipline is a fundamental aspect of our personal development. By being disciplined, we can cultivate positive habits, such as punctuality, honesty, and perseverance, which will serve us well in all aspects of our lives as well as build strong relationships, earn the respect of others, and demonstrate integrity in our actions.

As Laviscans, it is our responsibility to uphold the values of discipline within our school community. We must show respect for our teachers, support staff, and fellow students. We must follow the rules and regulations set forth by the school authorities and demonstrate good behavior both inside and outside the classroom.

By embracing discipline, we can create a positive and conducive learning environment for everyone in our school. Let us strive to be disciplined in our thoughts, words, and actions, and become the role models that others look up to. Together, we can foster a culture of discipline that empowers us to achieve our full potential and lead successful lives.

Let us commit to being disciplined in all that we do, and strive for excellence in every aspect of our lives. As Laviscans , let us pledge to uphold discipline and make a positive impact on our school, our community, and the world at large.

Namb<mark>ongho Benja</mark>min, <mark>Seni</mark>or Five Arts.



## HOLY CROSS LAKE VIEW S.S.S MINISTER'S CHART 2024-2025



NABONGO BENJAMIN (PRIME MINISTER (S5)

#### Executive











Ministry of Health, Counseling and Uniform











**Disciplinary Committee (DC)** 













































































Ministry of Education, Sports & PE

















n Breeze

## A LEVEL SCIENCE STUDENTS ATTEND A SCIENCE FARE AND CAREER GUIDANCE SESSION AT BUSITEMA UNIVERSITY

Africa needs science and innovation. As we embark on making Holy Cross the centre for science, we were greatly privileged to attend the science fair at Busitema University. Following our invitation, a group of 63 A' Level science students under the guidance of a



few staff members journeyed to Busitema University on a serene morning of 26th March, 2024. Reaching our destination at 10: am, we were received with open arms and greeted with warm smiles which made us feel at home. The towering trees that engulfed the campus and the delightful sight of the playful troupe of monkeys moving about and swinging from one tree to



another captivated us all, inviting us to pause and appreciate the beauty of nature.

The event which took place in the university conference room was marked by showcases of mouthwatering innovations in engineering, Agriculture and Biological Science, the exhibitions that widened our learners' conceptualization of scientific intricacies and fostered their curiosity, creativity and critical thinking.

While addressing the audience, Prof. Dr. Paul Waako, the vice chancellor of Busitema University gave a motivational lecture on academics and underscored the importance of managing time



effectively at school and home, challenging our learners to improve on their time management. Dr. Lillian Gumuguni Nabasa, the academic registrar also provided effective career guidance to the students which cleared the mysteries surrounding their career decision making and empowered them to make informed career decisions.

The trip ended with a guided tour to the university. Excitement filled the air as the students toured around the different university departments and lecture rooms. Some students were spotted lost in



thoughts, imagining themselves to be the students of the great institution of science, technology and innovation.

Overall, the trip had a significant transformative impact on the learners and as they bid farewell to the campus, they were lost in the world of possibilities.

They had a good time to interact with their peers and professionals in different fields of study and this enabled them to envision their future careers. I genuinely extend my heartfelt gratitude to the school administration for the unwavering support rendered during the trip and their apparent tenaciousness in fostering science education. We look forward to your continued support to enable our students' progress in their academic endeavours.

Mukangala Michael, Head of Biology Department.

## New lower competency-based curriculum (CBC)

Holy Cross Lakeview Senior Secondary School, Jinja, on 28th September 2024 hosted a highly anticipated physics seminar focusing on the new lower competency-based curriculum (CBC), a progressive educational framework aimed at enhancing students' analytical and critical thinking abilities. The seminar attracted students and teachers from several schools across eastern Uganda and other regions of the country, providing a platform to refine their understanding of this innovative curriculum. The seminar was facilitated by renowned educationists and senior scorers of physics, including Mr. Bamulazeki Paul and Mr Etetu Jacob, well-respected figures in Uganda's academic circles. Their vast experience in teaching and evaluating physics, especially within the context of the new curriculum, made them an invaluable resource for the participants.

The CBC emphasizes the development of core competencies in learners, such as problem-solving, critical thinking, creativity, and collaboration. As the national education system transitions from traditional content-based learning to competency-based approaches, there is a growing demand for students to master practical applications and real-world scenarios.

In his detailed sessions, Mr. Bamulazeki Paul guided the students on effective strategies for answering scenario-based questions, a key component of the new curriculum. These questions require students to apply theoretical knowledge to real-life situations, thus encouraging deeper understanding rather than rote memorization. With final exams scheduled for October, students were taught how to approach these questions systematically, ensuring clarity in

Wide-reaching interest in Understanding Competency-based Curriculum (CBC)

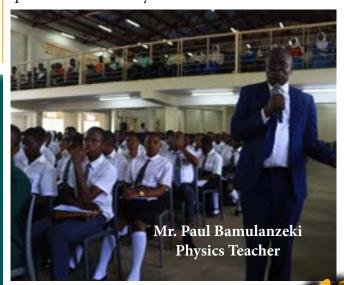
their answers and demonstrating their ability to connect academic concepts with everyday challenges.

Throughout the seminar, students actively participated in discussions, asking questions and engaging in problem-solving exercises. Teachers, too, were involved in the discussions, gaining insights on how to prepare their students for these competency-based assessments better. The interactive nature of the seminar allowed both teachers and students to adapt to the changes in the educational landscape more effectively.

Several schools from eastern Uganda, including Jinja College, Kigulu College, and Nyenge Seminary, attended the seminar. Attendees from other parts of the country, such as Iganga and Kamuli, also took part, reflecting their wide-reaching interest in understanding and mastering the CBC.

This seminar marks a significant step toward equipping students with the necessary tools to excel in their final exams and beyond. The focus on scenario-based questions is a direct response to the CBC's emphasis on practical knowledge, and the guidance provided by experienced facilitators like Mr. Bamulazeki Paul ensures that learners are well-prepared for the new academic challenges.

As October draws near, the participants of this seminar are expected to tackle their exams with greater confidence, armed with a deeper understanding of the CBC and the skills to approach scenario-based questions successfully.



## THE O'LEVEL NATIONAL GEOGRAPHY SEMINAR

Holy Cross Lake View Senior Secondary School had the pleasure to host the O'Level National Geography Seminar on 6th July 2024. Organized by Mr. Niwamanya Ezekiel John, the Head of Geography Department, the seminar was a resounding success, attracting over 1500 students from various schools in the country. The rationale of the seminar was to provide the students with a platform to broaden their understanding of Geography and its real-world applications. The event included insightful presentations, interactive discussions,



and practical activities designed to enhance the student's knowledge and passion for the subject.

The enthusiastic participation of over 1500 students from different schools made the seminar a vibrant and engaging experience. Students had the opportunity to network, exchange ideas and learn from each other hence fostering a spirit of collaboration and camaraderie. Mr. Niwamanya Ezekiel John's dedication and leadership were instrumental in the successful organization of the seminar. His efforts in bringing together such a large gathering of students for this educational event are commendable and truly showcase his commitment to promoting Geography education. Similarly, vote of thanks is extended to Mr. Bamege Peter, the chairperson of Busoga Geography Teachers Association for his unwavering dedication and commitment to coordinate many schools to attend the seminar.

Overall, the O'Level National Geography Seminar at Holy Cross Lake View SSS was a testament to the importance of fostering academic curiosity and providing students with opportunities to expand their knowledge beyond the classroom. The seminar not only enriched the students' understanding of Geography but also inspired them to explore the world around them with a renewed sense of wonder and appreciation.

Mr. Niwamanya Ezekeil

# NATIONAL BIOLOGY TEACHERS' WORKSHOP HOSTED AT ABE HEADQUARTERS, HOLY CROSS LAKE VIEW

Sunday, 13th April, 2024 was a day of exploration and discovery at Holy Cross Lake View SSS. The sky was painted with hues of soft pink and orange in the morning, which promised a beautiful day ahead. Indeed it was a stunning day since Holy Cross was poised to host a National Retooling Workshop for all the Biology teachers in Uganda, which was organized under the auspices of the Association of Biology Educators (ABE), a unifying body for all Biology teachers in Uganda with its headquarters at Holy Cross Lake View SSS, Wanyange.

The grand workshop, attended by about 165 Biology teachers from allover the country, drew participants from the neighbouring districts and as far away as Hoima, Arua, Mityana, Kyotera, Kapelebyong among others, who couldn't miss out on the opportunity of being part of this great learning experience. The main focus of this workshop was to equip the educators with knowledge and skills for assessing the New Lower Secondary Curriculum.

Several officials from UNEB, NCDC, and ABE honoured the occasion and they successfully guided the teachers through the sub-themes of item setting, content framework, scoring framework, and project work. The presence of these officials added a sense of importance and significance to the workshop.

Mr. Okello Jimmy, the Biology subject specialist at UNEB, was the chief guest and as he addressed the audience, he urged the teachers to embrace and apply the knowledge and skills they had learnt in the workshop to better themselves as they implement the Competence Based Curriculum.

NEW LOWER SECONDARY SCHOOL

NEW LOWER SECONDARY SCHOOL CHEMISTRY SEMINAR.

As we embrace the Competence Based Curriculum, Holy Cross Lake View had the pleasure to host the first Chemistry seminar in the New Lower Secondary Curriculum on Saturday 15th June 2024. The seminar was aimed at preparing our first slot of candidates for their forthcoming MOCKS and UNEB examinations. It was also intended to guide the learners on how best they can appproach the questions in both the practical and theory papers besides guiding the teachers on how to score the learners. The invaluable and resourceful event, organised by the Chemistry Educators Society was attended by innumerable students and teachers from different schools especially in Eastern Uganda, which among others included; Jinja College, Harding Christian College, Uthman Bin Afan Islamic, Kamuli Progressive, Walibo Seed SS and Juliana High School.

It was an interactive event where learners from different schools were given different questions to present before the facilitators, after which the facilitators offered them a comprehensive guidance on question approach. The learners had the privilege to ask questions and immediate feedback was given. They were also guided on the different components that make up a practical report like the title, hypothesis, variables (controlled, dependant and independent), apparatus, risks and mitigations, procedures, results and recommendations.

The seminar featured a series of informative and engaging presentations on various topics in Chemistry and also provided a platform for practical demonstrations and hands-on activities for the learners to participate in, equipping them with invaluable knowledge and experience. Overall, the Chemistry seminar was a resounding success, clearing the various misconceptions that surrounded around the Chemistry practical paper and report writing format and bringing together different students from across the country to learn, explore and discover the wonders of Chemistry. It was not a only an incredible learning experience for all the students who attended, but it also also served as an avenue for them to network with their peers and experts in the field.

I would like to extend my heartfelt gratitude to the Head teacher for allowing us host such educational and inspiring event and all the members of the Chemistry department and the Organizing Committee for their hardwork and dedication in making the seminar a success.

Through demonstrations and discussions, the workshop offered a great deal of exposure to the teachers to the numerous assessment tools and methods. They therefore sincerely expressed their deep appreciation to the organizers of the workshop for the courtesy and hospitality extended to them but above all, they admitted that the workshop equipped them with valuable insights and practical applications which they can readily incorporate in their teaching and assessment to enhance their efficacy.

Finally, I would like to extend my heartfelt gratitude to the Head teacher, the school administration and the Biology Department for organizing such a successful and enriching workshop and we look forward to having more workshops to explore the science of life and enhance a better understanding and implementation of Competency Based Curriculum.



Mr. Mukangala Micheal Teacher of Biology

Balisimaki Eva, H.O.D Chemistry.

## Students' Study Trips

Field trips give life to Geography and transfer the students from the confines of their textbooks to the natural marvels of the world. By actively engaging them in data collection, they develop a deeper conceptualization of the purportedly intricate Geographical aspects and gain critical thinking skills. Our S4 and S6 Geography class was privileged to have their annual field trip to Western Uganda from 17th March to 20th March, 2024. The students were filled with a sense of adventure as they boarded the bus, armed with their bags and notebooks, ready to explore the sheer beauty of our country.

Our first stop was Ssemiliki National Park in Bundibugyo. Here, the students gazed in awe at the male and female hot springs and they were all bubbled with excitement snapping photos as their tour guide explained the genealogical history of the place. From there, we visited Nakasura Karl Land Forms, commonly known as "Amabere Ganyinamwiru Caves" where we were compelled to first pause and appreciate nature as we stared at the caves which bore a striking resemblence of the human breasts.

The next day found us in Kasese where we explored Kilembe Hydropower Station and the Source of River Nyamwamba, a unique river in the whole world that only floods during dry season. We further toured Mubuku Irrigation Scheme, the Equator line, Queen Elizabeth National Park and crowned our day with a glance at the breathtaking Lake Katwe where salt is mined. On the third and last day, we toured

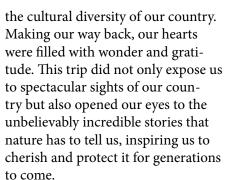
Queen Elizabeth National Park, known for its scenic beauty and diverse ecosystem.

Thereafter, we toured Lake Edward, Lake George and Kazinga Channel where the majestic Mountain Rwenzori towered above us, making us feel small and insignificant. We also spent hours touring the Western arm of the Rift Valley, Kyambula gorge, Crator lakes like Lake Kyameiga, Lake Munyanyage, Lake Nyamunuka, Lake Rutoto, Lake Nyungu and the twin lakes in Rubirizi district. We further explored tea growing in Bushenyi district and Karinju Equatorial Rain Forest. In Mbarara, we adventured an Oxbow lake, commonly known as Lake View and Lake Mburo National Park in Kiruhura and Lyantonde.

Throughout our tour, we documented our findings and en-

joyed taking photos in the breath-taking views as we listened to the melodic chirping of birds in praise of nature.

As our tour came to the climax, we returned to school with a newfound appreciation of the natural wonders, grandeur and



I am immensely grateful to our parents and the school administration for the unwavering support and your deep conviction in the efficacy of experiential learning.







Today's dawn saw a group of Senior Two students setting off from school to their unforgettable Journey. This group was led by the entire Geography department and two security officers to ensure their safety. The students were bubbled with excitement as they boarded their buses, armed with notebooks. Their enthusiasm and excitement rested on the solid fact that the trip would transit them from the confines of textbooks to the wonders of the world.

Reaching Kasenyi at around 10am, the students were served with a refreshing breakfast. Learning started with an insight into stone quarrying at Bendegere Hill where the students observed the factors, advantages and disadvantages of the economic activity.

The next destination was Kasenyi Fish landing site and the atmosphere that enveloped the area was undeniably conducive, creating an ambiance of tranquility and curiosity. The scenic beauty of lake shores and towering rock provided a rich tapestry of geographical insights. From Kasenyi, the students went straight to Entebbe Airport where they were served with a diverse selection of delectable dishes that catered for a wide range of tastes and preferences. They were then taken through a study on all the weather instruments as they enjoyed a beautiful scenery of Entebbe Airport with jets soaring into the sky.

The students shared wonderful testimonies about the study trip, "It has been a great opportunity for me to relate the theories learnt in the classroom to the real-world land-scapes." said Kifuse Damian, a senior two student.

"Fieldwork study should be the ideal methodology for teaching and learning Geography because it actively engages the students in data collection, which fosters a deeper understanding of geographical concepts and encourages critical thinking." said Mr. Nuwagaba Rogers, a re-known Geography teacher.

The trip ended with the visit to the zoo where the students were exposed to the wide array of flora and fauna. They were mesmerized by the sight of different animals which enhanced their holistic understanding of the ecosystems. Laughter and joy filled the air as they also shared great moments at the beach where the crystal-clear water of Lake Victoria with its waves whispered beautiful melodies. Instructors were at all the learning sites to guide the students. As the trip ended, the students not only returned to school with memories of the new spectacular adventures but also a transformed perspective. They therefore expressed their utter gratefulness to their parents and the school for the trip that took them beyond their boarders of familiarity.

Ezekiel Niwamanya John

# State Minister of Youth and Children Affairs Hon Balaam Barugahara opening the Debate ra opening the Debate

#### AFRICA'S LARGEST DEBATE

**TOURNAMENT HOSTED BY HOLY CROSS LAKE VIEW SSS** 

From August 25th to 31st, 2024, Holy Cross Lake View SSS, Wanyange, proudly hosted the Uganda National Students Association (UNSA) National Debate, Poetry, and Public Speech Championship. This

historic event marked the largest debate tournament organized by a single venue on the African continent, with a record-breaking participation of approximately 2,300 participants from 240 schools across Uganda. With the theme, 'Amplifying the Voices of the Youth Towards Sustainable Devel-

> opment Goals," the championship underscored the vital

> > role of

youth in

shaping

a better tomorrow. The school's exceptional infrastructure,

played a pivotal role in ensuring the success of this grand event, providing ample debate rooms and comfortable accommodation facilities for all the participants.

opening and closing ceremonies, underscoring the significance of the championship in promoting youth empowerment and sustainable development. Other notable guests included the UPDF spokesperson, Brigadier Felix Kulayigye and many more.

Throughout the championship, the transformative power of debate in fostering critical thinking, effective communication, and leadership skills was prominently highlighted. It is clear that debate serves as a powerful tool for equipping young people with the skills needed to drive progress and innovation in society. I therefore urge schools across Uganda to embrace debate as an integral part of their educational programs aligning with the national curriculum and fostering holistic development among students.

Participants conveyed their heartfelt appreciation to Holy Cross Lake View SSS for the warm hospitality and the conducive environment provided throughout the championship. The school's commitment to fostering a culture of debate was also evident in its own performance. Holy Cross Lake View SSS, Wanyange, emerged as quarterfinalists in both the debate and public speech categories, securing a place among the top eight schools in Uganda in these areas.

This remarkable achievement is a testament of the dedication and passion of the school's debate teams, supported by the unwavering commitment of the school administration and the hard work of the staff members. Holy Cross Lake View SSS, Wanyange, continues to set a shining example in championing debate as a cornerstone of education and youth empowerment in Uganda.

Dignitaries such as the Minister for Youth, Hon. Balam Balugahare Ateenyi, representing the President of Uganda and the UNDP Country Resident Representative graced the

## **Blue and Gold Class Pictorial**





**Senior Four** 



**Senior Two** 



**Senior Five** 





n Breeze

## **A Community of Care:**

### The Welfare of Students and Staff at Holy Cross Lake View S.S.S, Jinja

Holy Cross Lake View Senior Secondary School Jinja, stands out not only for its academic excellence but also for its exceptional commitment to the welfare of its students and staff. Recognizing that a healthy and happy school community forms the backbone of educational success, the school has implemented several initiatives aimed at ensuring the well-being of both students and staff. From nutritious meals to career development opportunities, Holy Cross Lake View S.S.S goes above and beyond in creating a supportive and nurturing environment.

One of the cornerstones of the school's welfare program is the provision of high-quality, nutritious meals for students and staff. Each day, students are served balanced meals, ensuring they have the energy and focus needed for their academic endeavours. This focus on nutrition contributes to both their physical health and mental alertness, creating an optimal learning environment.

For staff members, good meals not only provide sustenance but also serve as a gesture of appreciation, reinforcing their sense of belonging within the school community. Whether it's breakfast to kickstart the day or a hearty lunch, the culinary standards at Holy Cross Lake View S.S.S are exemplary.

Recognizing the importance of mental health, Holy Cross Lake View S.S.S organizes regular counseling sessions for students. These sessions are designed to offer emotional support, help students navigate the pressures of academic life, and provide guidance on personal challenges. Whether students are dealing with stress, anxiety, or academic uncertainties, the counseling program is an invaluable resource, ensuring that no student feels unsupported. Health checkups are also a regular feature of the school's welfare

assessments, the school ensures that students' physical health is monitored, allowing any potential health issues to be addressed promptly.

View S.S.S is treated with the utmost respect and care. One of the unique features of the school's welfare program is the organization of staff parties at the end of every term. These gatherings provide a chance for teachers and administrative personnel to relax, unwind, and celebrate their hard work throughout the term. It's an opportunity to bond as a team and recharge for the coming challenges.

In addition to these termly celebrations, the school provides its staff with a generous Christmas package in December. This thoughtful gesture shows the administration's appreciation for the dedication and effort the staff put in throughout the year. Such acts of gratitude foster a sense of loyalty and community among staff members.

The health of staff members is also a priority. All staff are offered medical insurance, ensuring that they have access to healthcare when needed. This comprehensive medical coverage provides peace of mind, knowing that they are protected in case of illness or medical emergencies.

Holy Cross Lake View S.S.S is deeply committed to the professional development of its staff. Throughout the academic year, opportunities for career growth are made available, ranging from workshops and training sessions to conferences. These initiatives empower teachers to enhance their skills, stay updated with modern educational trends, and expand their professional networks. The school believes that

system. By organizing these medical by investing in its staff, it is investing in the future of the school itself, as well as the quality of education its students receive.

> Holy Cross Lake View The staff at Holy Cross Lake S.S.S. Jinja, has built a community where the well-being of students and staff is paramount. Through nutritious meals, counseling sessions, health checkups, staff appreciation events, and career development opportunities, the school has created an environment that not only nurtures academic excellence but also promotes personal growth and well-being. The result is a vibrant, healthy, and motivated school community, where everyone feels valued and supported.

> > In a world where many institutions overlook the importance of welfare, Holy Cross Lake View S.S.S shines as a beacon of care, proving that a school can truly thrive when it prioritizes the health and happiness of its people.

Turyamuhaki Noel, Teacher in-Charge of Welfare



#### UGANDA, THE HEART OF CULTURAL DIVERSIFICATION

"I refer to Uganda as the Pearl of Africa," said Winston Churchill, owing to the cultural enrichment and the fascinating nature Uganda is endowed with. When you delve deeper into the same perspective, you notice that Ugandan culture is making it through Africa and outside.

I have been blessed with a couple of opportunities to visit Jinja, where I have seen the world's longest river's waters gently gliding from the source Lake Victoria, the largest lake in Africa. I was also able to explore the green hills filled with banana plantations in Buganda land and the fields of millet and sorghum in Arua. The towering Mountain Elgon in Mbale captivated me with its nice view as for it was wonderfully made with its peak touching the sky, making me pause for a moment and appreciate nature.

The turbulence and pressure of the waters on the waterfalls called Murchison falls in Western Uganda fascinated me as the waters looked so wonderful and incredible.

Next, I ventured into the Buganda region with the bustling city of Kampala, the capital of people renowned for their elaborate ceremonies and festivals, showcasing their rich history and royal traditions. I had the privilege of sampling their delectable cuisine, including the iconic matooke(steamed green banana) and Luwombo (meat or fish stew cooked in banana leaves) which left my taste buds tingling with delight. I also noticed the great hospitality the Baganda have for guests, I liked the way they dressed smartly in Gomesis and Kanzus and I also liked the great array of dishes they presented to me including their staple food, Matooke and the mouthwatering chicken Luwombo.

I was invited to the Karamoja community which is a hot scorching desert but I was awestruck by the resilience and strength of the Karimajong people, who have thrived in the harsh desert environment for generations. I marveled at their distinctive architecture, characterized by towering kraal (traditional homes) built from natural materials, a testament to their deep connection with the land and their intricate weaving techniques that produced stunning tapestries and crafts. as I was leaving. asI was leaving, I was pleased by the crafts like bangles, necklaces, earrings and craft shoes they gifted me with.

On a tour I had in West Nile, I was so mesmerized during a camp fire when Alur people presented us their local dance called Agwal I liked the way they flipped their heads, swung their hands so free and I also liked how they were twirling their bodies with grinning smiles on their faces.

Whoever has never been to Uganda, this is your time because Uganda is the real pinnacle of adventure. It is the only land where you will meet hospitable people, a range of fascinating features, and a variety of cultural experience and trust me; you will get experience of what life is all about. If I met Winston Churchill, I would tell him that Uganda is not the pearl of Africa, but she is the Pearl of the world. *Nabweteme Nabirah S.2 D* 

The Negative Effects of Child Abuse on Academics.

Child abuse is a serious issue that affects millions of children around the world. It can take many forms, including physical, emotional, and sexual abuse, as well as neglect. Child abuse can have long-lasting effects on a child's physical and emotional well-being, but it can also have a significant impact on their academics.

When a child is being abused, their focus is often on surviving and coping with the abuse, rather than on their schoolwork. This can lead to poor academic performance, as they struggle to concentrate and retain information. Additionally, the emotional trauma caused by abuse can result in low self-esteem, anxiety, and depression, all of which can further impact a child's ability to succeed academically.

Furthermore, children who are experiencing abuse may be more likely to miss school or drop out altogether. This can have lasting consequences on their future, limiting their opportunities for success and fulfillment.

As students, it is our responsibility to speak out against child abuse and take action to stop it. We must be vigilant in recognizing the signs of abuse in our peers and reaching out for help when we suspect that a child is being mistreated. By creating a culture of awareness and support, we can help protect our fellow students and ensure that every child has the opportunity to thrive academically and reach their full potential.

Together, we can make a difference and put an end to child abuse. Let's stand up for those who cannot stand up for themselves and create a safe and nurturing environment for all children to learn and grow.

Fungaru Brenda Viola, S.2E







All students who have passed through the care of Brother John Flood can attest to the fact that he is a man with hope to bring. Being the second Head teacher of Holy Cross Lake View, the school decided to recognize him for his significant contribution to its development. On 8th October, as the school celebrated its 31st anniversary, Brother John Flood was honoured by having the new House of Holy Cross brothers and priests serving in the school named after him.

In his address to the school community, Brother John Flood expressed gratitude to God and the entire Holy Cross Lake View Community for the love shown to him by naming the new House after him. He also acknowledged the grace of God that has led Holy Cross Lake View to become a prominent school in all aspects.

For example, when he headed the school, the enrollment was around five hundred students

Holy Cross Religious residence on Campus named after Br. John Flood, CSC but now the enrollment has tripled, the infrastructure development is massive and the performance of the school in academics and extracurricular activities is very admirable.

The entire school community was thrilled to see Brother John Flood, as many of the students and the staff had heard of his reputation but had not met him before. Throughout his tenure as the Head teacher, Brother John was able to educate minds, touch hearts, and positively transform the lives of all those he interacted with. The school greatly

values his contributions and holds him higher as a deposit of knowledge, values, and grace.

May God continue to bless Brother John Flood.

For God and My Country,
Education for Service and Ave Crucix
Spes Unica.

## Message from the president of Holy Cross Lake View Secondary School Old Students' Association



Dear Fellow Alumni, It is with great pride and nostalgia that I address you as the President of our esteemed Old Students' Association. As we gather once again through the pages of our beloved school magazine, we are reminded of the countless memories and formative experiences that have shaped us into the individuals we are today. Our alma mater holds a special place in each of our hearts, serving as the crucible where friendships were forged, lessons were learned, and dreams were nurtured. It is a place where we discovered our passions, honed our talents, and laid the foundation for our future endeavors.

As we peruse through the pages of this magazine, we are transported back in time to classrooms filled with laughter and learning, to sports fields echoing with cheers of triumph, and to auditoriums resonating with the melodies of our

shared experiences. It is a testament to the enduring legacy of our school and the indelible mark it has left on each of us.

But beyond mere reminiscence, this magazine serves as a platform for us to reconnect, to celebrate our achievements, and to inspire the next generation of students who will walk the hallowed halls of our alma mater. It is a testament to the bonds of camaraderie that unite us as alumni, spanning generations and continents, and reaffirming our shared commitment to excellence and service.

As we turn the pages of this magazine, let us not only reflect on the past but also look to the future with hope and optimism. Let us continue to support our alma mater in its mission to educate, empower, and inspire generations to come. And let us remember that no matter where life may take us, we will always carry with us the spirit of our school and the values it instilled in us.

Our focus this year is to put up new signposts for the school and I call upon each old student to make a contribution towards this noble cause. This should be based on what one can afford as it is not an opportunity for people to show their financial muscle but a way of saying thank you to the school. However small it maybe. Let us continue supporting each and stay as one family of HOLA.

In closing, I would like to extend my heartfelt gratitude to all those who have contributed to the creation of this magazine, from the dedicated editorial team to the talented writers and artists whose work adorns its pages. May this magazine serve as a testament to the enduring legacy of our alma mater and the unbreakable bonds that unite us as alumni.

With warmest regards,

Andrew
Lubaale President,
Holy Cross Lake
View Old
Students'
Association
(HOLA)





#### INTERNATIONAL WOMEN'S DAY FILLS HOLY CROSS LAKE VIEW SSS WITH ECSTASY

Hillary Clinton once said that, "Women are the largest untapped reservoir of talent in the world." Likewise, It was a buoyant and jubilant mood today as Holy Cross Lake View SSS joined the whole world to celebrate the International Women's Day hinged on the theme, "Invest in Women: Accelerate progress."

The day intended to celebrate the social, economic, cultural and political achievements of women was distinguished by a couple of peculiar activities geared towards educating both women and men and creating awareness.

Mr. Wambi Ibrahim, a Geography teacher and Miss Nakan-wagi the school matron showcased their splendid skills in laying the bed which did not only leave the students ecstatic but also challenged them to be heedful of their own smartness and personal hygiene. "I thought laying the bed was an activity socially constructed for girls only."

Remarked a Form Three Male student.

The most phenomenal spectacle was when the two male teachers that is Mr. Wandera Ronald and Mr. Wambi Ibrahim exhibited their unimaginable

expertise in peeling matooke. The exercise, besides creating an aura of excitement, challenged the students to reminisce about their cultural values like cooking, appropriate dress code, sitting posture among others. These aspects are cardinal in reinforcing values like personal responsibility, integrity and strong work ethic, the exact qualities needed in the current world of work. "I totally had no idea about peeling Matooke, I will need to practice in the holidays." said a senior six girl. Similarly, a senior five male student declared, "I have always been leaving peeling matooke and other household chores to my female counterparts at home but with the great experience portrayed by the male teachers, I can now also start helping as well.

Some of the notable speakers included the Head girl, Abeja Sylvia whose message revolved around encouraging girls to vie for all leadership positions with boys. Similarly, Miss Ndagire Eva, one of the school Librarians presented a very unique orientation on the social etiquette like how a disciplined and responsible girl ought to conduct herself through the gait, sitting posture, eating style among others which help in creating a positive atmosphere and fostering a better relationship in personal and professional setting.

Mrs. Nangobi Martha, the guest of honour, recounted her inspirational odyssey to her current position as a professional teacher and the Vice President of Mukono Development
Forum, which left many students
motivated. She further arged the
students to always exhibit utter
reverence for the elders, work hard
and boost their self esteem to achieve
their intended goals in life.
The day climaxed with a stunning
scene of having a sumptuous and
luxurious lunch served by a group
of wonderful men, something which
happens once in a blue moon. It was
indeed a great day of solidarity to celebrate our beautiful mothers whose
great efforts have contributed to an all











The Easter

#### ORIENTATION SESSION FOR NEW PARENTS

Parents are cardinal stakeholders in the academic voyage of the learners. Ideally, an open communication and collaboration between parents and the school staff can ultimately benefit the students by positively impacting on their discipline and academic success. As the parents gathered in the hall on the morning of Saturday 13th April, 2024, the anticipation in the air was palpable. They were eager to get acquainted with the culture and curriculum of the school that would shape their children's education.

Miss Namakula Cissy, a professional councillor, commenced the occasion by providing a comprehensive counseling and guidance session to the parents about parenting. In her presentation, she emphasized the pivotal role played by the parents in shaping a child's development, urging them to create an open and honest dialogue with their children to make them free to express their thoughts and feelings as well as providing a supportive and nurturing environment at home to enable the children thrive both academically and emotionally.

With a warm smile, the head teacher stepped forward and welcomed the parents, thanking them for attending the meeting. He was filled with overwhelming pleasure introducing his dedicated staff that is committed to the well-being of the learners. He also thoroughly talked about the school's background and painted a vivid picture of the school's vision, mission and values, emphasizing the school's commitment to providing a holistic education and creating a safe and inclusive environment where every child can thrive.

The Head teacher further invited other departments to address the parents. These included the Academic department that exclusively briefed the parents on academics and the demands of the Competence Based Curriculum. The Deputy head teacher in charge of Discipline and Administration, Reverend Fr Henry Kajubi Ssenteza CSC, briefed the parents on administrative matters, discipline and the daily school programmes and Fr. Nicodemus H.G Kisonga CSC also gave his wonderful presentation on the campus faith. Other presenters included Mr. Niwamanya Ezekiel, the Careers and Registry officer and Miss Kashaka Samali from the Counseling and Guidance Department.

At the climax of the meeting, the parents were given an opportunity to express their views and ask questions ranging from academics to extracurricular activities. The head teacher listened carefully to the parents and provided insightful and assuring responses, instilling confidence in the parents about the school's dedication to their children's well-being and academic success.

Overall, the parents were filled with a sense of confidence and satisfaction. They felt welcomed and supported by the school community, with an assurance that the school would prioritize their children's academic and emotional needs. They expressed their appreciation for the information provided and felt more confident in supporting their children's education. The school looks forward to a series of timely meetings with the parents foster a sense of community collaboration among parents and the school.





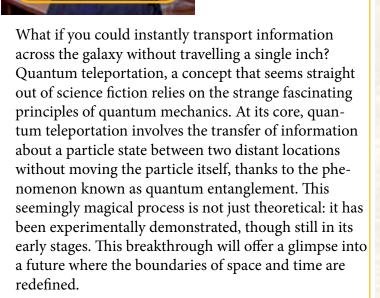




on Breeze 57



UNLOCKING THE QUANTUM
REALM: THE PROMISE OF QUANTUM
TELEPORTATION



Key figures in the evolution of quantum teleportation include Charles Bennet and Gilles Brassard, who developed the theoretical foundation in 1990S. Anton Zeilinger advanced the field with experimental demonstrations, turning theory into practice. Their ground-breaking work has been crucial in bringing quantum teleportation from concept to reality.

Building on the work of Bennet, Brassard and Zeilinger, quantum teleportation is advancing rapidly. Research like Alain Aspect at the Inst d'olimpique in France and Pan Jianwei at the University of Science and Technology of china are advancing quantum teleportation.





As these efforts progress, the dream of practical quantum teleportation is becoming increasingly achievable, potentially transforming technology in the near future and as we start on the brink of a new era in Physics, the advancements in quantum teleportation will illuminate a future filled with possibilities.

Call it fiction or imagination, fine that's you, but to us its different. Albert Einstein once said, 'Imagination is more important than knowledge, as knowledge defines what we currently know, imagination brings out the life's coming attractions. The journey of quantum teleportation inspires us to embrace the future with excitement and anticipation.

COMPILE D BY: WATEMA MOSES JUNIOR S5S

## Plasma: The Fourth State of Matter



Plasma consists of positive ions and negative electrons.

It appears at high temperatures, such as on the sun, in stars, lightning, and the northern lights. Another place you can see plasma is in a fire's flames. Some gases turn into plasma, like neon and argon, when they are strongly heated and ionized.

Interestingly, plasma takes part in technology as well. For example, plasma is used in certain types of televisions where the tiny dots, called pixels, are made of three fluorescent light electrodes in green, blue, and red.

One of the unique phenomena taking place in plasma is magnetic reconnection, where plasma interacts with electromagnetic fields, often leading to explosive events.

Did you know there is a fourth state of matter other than solids, liquids, and gases, and it is called plasma? Shockingly, it turns out to be the most common form taken by matter in the universe. Plasma is hot ionized gas, or rather; it is a high-energy gaseous state. Plasma actually makes up 99.9% of visible matter in this universe.



# EXamples

of plasma also include instances found around black holes in space. In everyday life, plasma is applied to welding for cutting metals. Just like the other forms of matter, plasma has its characteristics. It is a good conductor of electricity while gas is not. In addition, plasma is known to have the ability to self-organize into complex structures despite being very unstable in nature.

The particles in plasma move much faster than those in a gaseous state and its temperatures can reach up to millions of degrees Celsius. This way, using instruments like Voyager, Parker Solar Probe, and THE-MIS-ARTEMIS missions, scientists can identify and research plasma in space. In conclusion, plasma is a unique and interesting state of matter, with various applications in nature and technology.

Education for Service Nalubega Cherry Rose, S1B Nakandha Tracy S1A

## Clubs and Societies

#### Holy Cross Lake View SSS, Wanyange Shines in the

**National Green Schools Debate 2024** 

Holy Cross Lake View SSS, Wanyange, proudly represented the Busoga Region in the prestigious National Green Schools Debate 2024, hosted by Kololo Secondary School, with the grand finale taking place at the esteemed Yusuf Lule Central Teaching Facility in Makerere University. This challenge, which saw the participation of 100 schools from across Uganda, was organized by Vision Group with support from the Food and Agricultural Organization of the United Nations (FAO) and funding from the Embassy of Sweden.

The Green Schools project aims to empower young people to take climate action and contribute to the global effort to redeem our planet. Beyond the debate competition, students from Holy Cross Lake View SSS engaged in various eco-friendly activities. These included planting potted plants in classrooms and offices, publishing climate-focused magazines, organizing a green festival known as "LAVAFest," establishing tree nurseries, and planting **trees.** These initiatives are vital in fostering a love for nature among young people and encouraging them to take actions that mitigate the effects of climate change. The Green Schools project has greatly benefited Holy Cross Lake View SSS, with the school receiving 50 weekly copies of The New Vision newspapers every weekend throughout the year. These copies have provided valuable reading material for both students and staff, enriching their knowledge on various issues, including environmental sustainability.

In the debate competition, Holy Cross Lake View SSS emerged as the **7th best school**, a significant achievement considering the high level of competition and being the first time the school is taking part in this challenge. This accomplishment reflects the dedication and hard work of the patrons and students, who embraced the challenge with passion and determination.

Looking ahead, the school is already preparing for the next edition of the Green Schools Debate. With early preparations underway, Holy Cross Lake View SSS is committed to building on this year's success and continuing its efforts to empower students to be leaders in climate action.

We extend our gratitude to our students for their outstanding performance and to the staff and administration for their unwavering support. Together, we will continue to champion the cause of environmental sustainability and inspire others to do the same.

IJONAI Emmanuel
Project Coordinator of Green Schools







## YCS

## HOLY CROSS LAKE VIEW **INTERACT**AND **LAUDATO SI CLUB** JOIN THE CAMPAIGN TO SAVE RIVER NILE



As the morning of 23rd March unfolded, the members of the Interact and Laudato Si Clubs of Holy Cross set off with an overwhelming zeal and vitality to participate in the Second Annual River Nile Run in Jinja

City. The exercise was graced by various private companies, schoools, NGOs and countless Rotarians from Uganda, Kenya, Tanzania among other countries. The rationale of the run was to raise funds for planting trees around River Nile and Lake Victoria and also sensitize the masses about the dangers of pollution.

We were warmly welcomed by the hosts and each one received a running kit. That done, the instructors took us through exciting stretching exercises to ensure physical fitness and comfortability during the race. Filled with sheer determination, we all emerged triumphant in the 10KM run, something that washed us with pride and excitement.

The occasion was further graced with different speakers who gave highly effective presentations by highlighting the benefit of our collective efforts to address pollution and the practical steps that can be embraced to curb the vice.

In a nutshell, the exercise of The River Nile Run was an extremely inspiring and educative experience due to it's success in sensitizing the audience on pollution and it greatly challenged the locals to take immediate action to save nature.

I would like to extend my sincerest gratitude to the reknown Rotarian and Head teacher, Fr. Prosper Atukwatse, whose support and dedication enabled us to participate in a nature conservation campaign beyond the confines of our school. Together we can save River Nile and Lake Victoria.

## Young Christian Students

also known as (YCS) club is typically a student-led group in schools or universities aimed at fostering Christian values, providing spiritual support, and encouraging social action among young people.

As YCS members of Lavisco, we are entitled to do the following; Create a sense of community and belonging among members through social events, outings, and retreats, organize or participate in worship sessions either in school chapels, local or churches, engage in community service, charity work, and outreach programs to put their faith into action and lastly, to train the youth to be better leaders of tomorrow.

Being a YCS member offers a lot of benefits to both students and members by deepening one's faith and fostering a close relationship with God. It also helps to build friendships with like-minded peers when we share experiences, challenges and successes with fellow members. Building friendships with like-minded peers creates a supportive and encouraging environment.and.

Overall, being part of a YCS club enriches the spiritual, personal, and social lives of its members, helping them grow as individuals and as Christians and provides them with a supportive community during their academic years.

Please keep in mind that as you embark on your journey with the Young Christian Students club, remember that you are part of a vibrant community filled with faith, hope, and love. Embrace the opportunities to grow spiritually, serve others, and develop lasting friendships. Let your involvement in YCS inspire you to live out your faith boldly and compassionately. Together, we can make a difference in our schools, communities, and beyond. Keep shining your light, and never underestimate the impact you can have when you walk with Christ. Stay encouraged, stay connected, and continue to pursue the beautiful path God has laid for us.Education for

See, judge and act



## THE ROLE OF HOLISTIC EDUCATION IN MITIGATING CLIMATE CHANGE

he 21st century is rich in talents and countless in youth numbers. Today the youth are the biggest fan base worldly, and their contributions to anything carry the heaviest weight and force to transform our world. The worst catastrophe happening today is climate change with its unbearable consequences and effects, it's something that is global and it is affecting all corners of the world. This catastrophe is a result of our careless handling of the earth about 20 years ago and we are facing the problems today, which are getting worse with more time to come. Hot prolonged dry seasons, floods, earthquakes, global warming are all responses of Mother Nature.





Understanding that climate change has originated from our careless ways of life, we need to own our mistakes and therefore turn the tables around.

With the stronger generation the youth, currently, the drive against climate change has been spearheaded by many communities, schools, institutions, governments and nations globally. These drives have played a big role and in Holy Cross Lake View, we have the Laudato Si Club by the Laudato Youth Initiative that mainly empowers students reflect and act upon the current global status on climate change, coupled with faith and value formation has given us a chance understand the problem, and

adopt ways to creatively and innovatively tackle this challenge with our talents and abilities and nurture the environmental discipline in the students through the maintenance of the school core values and serve the community by uniting with other schools and community members during the Laudato Si Festival.

Our school environment encourages students to confidently express all their abilities in various forms and this builds their productivity making them efficient and useful in achieving the objectives set by the club

Under the guidance and support from the School Administration and

our Mentor Brother Adolf Mugume, CSC, Sarah the Clubs President and Mr. Omodo our Patron the light has been rekindled and the fire for the youth and younger generation in our school to love the environment is very high. Come and see how students love to care for their school.

Therefore, the youth should understand their environment and quickly go respond to climate change even at home because we must be the change and the transformation we want to see. Change begins now with us, let us use our voice to persuade, and handstp act with our art skills to attract, use our strength to passionately act uniting for climate action.

The Easter

#### ENFORCING ENVIRONMENTAL AWARENESS THROUGH YOUNG PEOPLE

Take a look around and see our world, I filled with noise, cars dashing with speed like the wind, hooting so loud, look at the gentle streams that were once so clear as crystalline, now so dark as coal with floating polythene bags and plastic bottles, look at the skies that were once so brightly blue with fluffy white clouds and bright yellow sun, now so darkly shuttered by the dark smoke from industries, we no longer breathe only free oxygen since carbon dioxide from car exhaust pipes and charcoal burning have invaded into it. Moving along busy roads on windy day, it is observed that polythenes and bottles are all over the place being dispersed by wind to different directions.

Our world is perishing day by day due to increased pollution. We need to safeguard it. Being aware of your environment, the things that pollute it and keeping it healthy is expected of all citizens. The young people constitutes the biggest percentage of the words total population, we therefore need to protect our Mother Earth since we contribute to her destruction.

Let teamwork be the ball and success the goal by planting trees, recycling plastics and disposing wastes in proper areas.

By Ajibo Faith Keren S.2A



Think of a world where lush forests leeming with life a replaced by barren landscapes, where the gushing rivers run dry, and where the air we breathe is tainted with pollutants.

This dystopian vision is not just a cautionary tale .It is a sterk reality in many parts all over the globe .Uganda, our beautiful country, known as the Pearl of Africa is under threat.Climate Change is real and it is crucial we conserve the environment for our survival and wellbeing.

As a Laudato Youth I believe preserving bio diversities, we create resilience against environmental changes and provide essential resources for life which is also of of the ways of mitigating Climate Change effects.

Further more, protecting our future could be done by safe guarding our planet's beauty and natural resources, and nature habitants like wetlands. Thus we shall reduce on the floods, have fresh air to breathe and clean water to drink.

So fellow youth and my Country people; Ugandans, the task ahead of us is immense, but it is not impossible in Laudato we always let us Unite for Climate Action. By working together, we can protect our beautiful country and secure a better future for future generations. Climate Change affects us all, and it's our responsibility to act come and see what we do as Laudato youth at Holy Cross. If everybody did the same where they are our world would look different.

Let us embrace sustainable practices, support our children, farmers, protect our water resources and invest in renewable energy. Let us also educate our communities and demand action from our leaders. Together we can make a difference as Laudato youth.

UNITED FOR CLIMATE ACTION Nabakooza Esther Tyra S2E

## The Bitter Tears of Mother Earth

The tears of Mother Earth are very bitter when experienced and they affect everybody uniformly. The question is, why is Mother Earth crying when she is supposed to be our common home? After God had created man and woman, He put them in charge of the universe, meaning they were supposed to be managers of our common home. However, with the sin of Adam due to disobedience, the mismanagement of our Mother Earth started.

The recent floods experienced in Uganda most especially in *Kasese area with Rivers like Nyamwamba and Mubuku*, *Kenya*, *Brazil and mud slides in Papua New Guinea* and other parts of the world are a confirmation about the bitter tears of Mother Earth.

The tears of Mother Earth are bitter because they cannot go un-noticed, a lot of properties are destroyed, lives are lost, transport system disrupted and even gardens of food destroyed.

Our Mother Earth does not cry without warning us first, we have seen signs like changing weather patterns, un-predictable climate and many others. However, all these have been ignored until Mother Earth has cried and we have consequently experienced her bitter tears.





cis who has awoken a spirit of taking care

Great appreciation to Pope Fran-

Greed for money/wealth, devel-

home whereby forests have been

cleared for factories, swamps re-

ments, the air has been polluted

by ever growing industrialization

and our common home is no

longer conducive for living.

claimed for agriculture and settle-

opment and industrialization

have sacrificed our common

a spirit of taking care of our common home through the encyclical letter Laudate Si. Pope Francis is inviting all of us without segregation of religion, country, race, colour and age to engage in activities that will protect our Mother Earth and our common homeland.

The littering of the environment has to stop, trees have to

be planted, wetlands have to be restored and environment respected. When we take care of the environment, our common home Mother Earth gives us joy and gladness instead of bitter tears. Rivers will flow normally without flooding, our seasons will be normal without prolonged droughts and abnormal rainfall season. We all have to appreciate and come to a realization that taking care of our common homeland is our united effort. Let us be people of action and united for climate change.

God bless you all.

66

The Humanity that was entrusted with the care of our common home by God at the time of creation, has ironically been at the forefront of abusing our common home either knowingly or unknowingly. Our leaders have not done enough to save and protect our common home from abuse and mismanagement.

Fr. Prosper Atukwatse, CSC



### GREEN WRAP 2024

As I join voices raising awareness and inspiring action for green initiatives in this Edition of Eastern Breeze Magazine, I'm reminded of the power of unity in climate action and sustainable living.



## We have the right to a sustainable future.

We have the right to a sustainable future. I can't forget to mention that the Laudato Si Club of Holy Cross Lake View, which we mentor, should be utilized as a transformative opportunity club by the students and staff. We all need to transform the world around us. When students engage in school farm activities, debates, science fairs, service learning program, developing innovative solutions for sustainable living and planting trees both at school, in the community and at home, they become part of the solution and build social skills.

Some of these solutions are even more needed in homes, such as proper waste management, clean water and sanitation, sustainable agriculture, and reducing plastic waste. These practices extend beyond school to inspire positive change in home communities and families, which is a challenge in many places.

The changing seasons have become disastrous, with flooding, landslides, and extreme heat. *As Laudato Youth, we are environmental ambassadors*; we strive to promote food sovereignty and build a pollution-free environment.

What would one not experience from a well-formed Laudato Youth at Holy Cross? Will it not be service, faith, crevation, and maturity, along

with an understanding of our real-world challenges and the willingness to impact positive change?

Climate change devastates everyone. It's time to rejuvenate our hope and

harness our potential in building our countries' ecological and agricultural backbone for sustainable living. This year's Season of Creation theme, "To Hope and Act with Creation," urges us to take action; let us not sit and watch. I recently visited the club and was impressed to see

how our students are working hard to make Holy Cross a model environmentally sustainable school. Thanks to the administration for heeding our call and supporting the students' endeavors in caring for the environment.

The reality is that climate change is a major culprit behind numerous disasters, draining 75% of GDP in many countries. Let's be the change we want to see and to you esteemed reader what I invite you to take action in ways possible; For more information Visit: "Laudato Youth Initiative" on the website and social media.

My journey began at Holy Cross, where I was mentored in values that now bear fruit. Recently, I received recognition at the National Girl Championship for promoting youth sustainability leadership through the Laudato Youth Initiative. This platform empowers young people to advocate for environmental care, faith formation, leadership and the common good.







IR OWN ANGELIC VOICES ANIMATE MASS AT MUNYONO CATHOLIC SHRINE

It was a beautiful Sunday morning on 21st April, 2024 when a group of talented students from the school choir journeyed to Munyono Catholic Shrines in Kampala City to animate mass. It is worth noting that Munyono Catholic Shrines is a historic Catholic site and a popular pilgrimage site, where a group of young Catholic men were martyred by orders of Kabaka Mwanga II of Buganda for refusing to renounce their Christian faith. Famous among the martyrs was Saint Andrew Kaggwa, one of the loyal servants. Despite being liked and treasured by kabaka Mwanga, St Andrew Kaggwa was murdered by his master for opposing the king's order of killing Bishop Hannington who entered Uganda through the Eastern region.

Upon our arrival, we were greeted

by the tranquil atmosphere and the newly risen sun over the horizon cast its warm glow over the shrine, creating a sense of serenity and reverence. We were immediately treated to a nourishing breakfast as we waited for the first mass to begin at 11am. The second mass animated by our choir commenced at 1: pm. The atmosphere was filled with infectious excitement as the students sang the praise and worship hymns with great enthusiasm and the beauty of their voices inspired the hearts of the congregation, lifting their spirits and creating a sense of harmony and reverence. At the end, the school choir stood together, beaming with pride as the congregation thanked them for the special role played in animating mass.

After mass, we were honoured with the opportunity to tour around the shrine. We listened intently to the tour guide as he shared the stories of the Martyrs' bravery and sacrifice. At some point, we paused and admired the shrine where Saint Andrew Kaggwa was buried. We also toured the Grotto of mother Mary, a cave-like structure of the Blessed Mother Mary, surrounded by the Holy Water that flows throughout the year and possessing unimaginable healing powers.

We also adventured the Kabakas' Lake, the boat used by the mission-aries when they were coming to Buganda, the oldest historic tree that existed prior to the murder of the martyrs, the Divine Mercy Shrine among others. As we glanced at the statues of the martyrs standing tall and proud, we couldn't help but admire them for their dedication to their faith. As the tour came to an end, we felt a renewed sense of gratitude and inspiration for being in such a scared place.

As we made our way back to school. Our students' hearts were filled with a great sense of joy and achievement. They knew that they had brought joy and inspiration to many people and touched their hearts through their endowed gift to singing.







## LEGIO MARIAE (LEGION OF MARY IN SCHOOLS





Legion of Mary in schools is a powerful religious club where those that trust in our Mother Mary belong. She is the mother of the redeemer, our savior Jesus Christ. As Christians who believer in Jesus, we are also the children of Mother Mary. She is the

queen of Saints, Martyrs

#### Origin

It was founded by Frank Duff on 7th September 1921. Legion of Mary is an association of Catholics who, with the sanction of the church and under the powerful leadership of May Immaculate, the mediatrix of all graces (who is fair as the moon, bright as the sun and to Satan and his army, terrible as army set to battle array), have formed themselves in in to a lesion for services in the warfare which is perpetually waged by the church against the evils of the world. He was born in 7th June, 1889 and died on 7th November 1980.

#### The objective of Legion of Mary

Is the glory of God through the holiness of its members developed by prayer and active co-operation under ecclesiastical guidance in Mary's and the church's work of crushing the head of the serpent, therefore advancing the reign of Christ, our Lord and Saviour. The serpent head represents our burdens and troubles. The word "legion" means army. Though of we are Mary's army of our Mother, Mary Immaculate, under Her command. Our battle is not physical but spiritual. The pope Paul IV's message; the blessed Virgin is our mother of the redeemer and of us all. We as legionaries are the ambassadors of Mother Mary and we represent the true face of the Catholic church. We are a family and the army of our mother. The Son listens to the Mother and the Mother listens to the son. As a mother she listens to our prayers and intercedes for us.

By Makombe Koko Nathan S.2A, Vice President Legion of Mary. Queen of Angels Presidium



## HCLV STUDENTS DEVELOP A DIALYSIS MACHINE





Our Biology students are pioneer a revolutionary Dialysis Machine. These brilliant minds have developed a phase two model that not only cuts costs but also boosts efficiency by separating urine from blood! This breakthrough indicates major progress in the project, aiming for completion by September 2025. Our Goal is to make healthcare more accessible in Uganda through the innovation.

#### EMPOWERING GIRLS AT HOLY CROSS LAKE VIEW: BUILDING A BRIGHTER FUTURE

At Holy Cross Lake View SSS, empowering girls is at the heart of the educational philosophy. The school provides a range of opportunities designed to foster leadership and confidence. Students can engage in various leadership roles within student organizations, clubs, and sports teams, which help us to develop vital skills such as teamwork and public speaking. These experiences are crucial in building our self-confidence and preparing them for future challenges.

The mentorship program further supports this development ixing girls with experienced audionate helps

them navigate academic and personal challenges, providing the encouragement and advice needed to overcome obstacles. The supportive relationships formed through mentorship are instrumental in nurturing resilience and a growth mindset. Many girls are apparently undertaking science subjects at all levels and performing exceptionally well. This has empowered girls and broken the stereotypical narratives that sciences are for boys.

Holy Cross Lake View SSS has been committed to maintaining a safe, inclusive environment where girls are encouraged to voice their opinions and advocate for themselves. This atmosphere

has fostered a strong sense of social responsibility, empowering students to stand up against injustices and take an active role in their communities.

Finally, the school's dedication to empowering girls through leadership, mentorship, and a nurturing environment ensures that our students are well-prepared for future success. I am proud to be part of a community that prioritizes and values the growth of its female students and look forward to seeing the remarkable achievements they will undoubtedly accomplish.

Laker Esther Udefuna S2G

## **STAY IN SCHOOL**

Every year, thousands of children in Uganda drop out of school for reasons such as poverty, lack of parental support, early marriage, and distance to schools. These children leave their education incomplete. This is a major issue that needs to be addressed urgently since dropping out of school has long-term negative consequences that can affect an individual for the rest of their lives.

Education is the key to success and without it, many students are left with limited opportunities in life. Without a proper education, it can be difficult to find a job, earn a decent living, and provide for oneself and one's family. By dropping out of school, students are limiting their potential and jeopardizing their future.

As students, it is important to value education and see it as a tool that can help us achieve our dreams and goals. By staying in school and completing our studies, we are giving ourselves the best chance for success in life. Education opens doors to new opportunities, broadens our knowledge, and equips us with the skills needed to navigate the challenges we may face in the future.

We must also remember that education is a right that every child deserves. Through school dropout, we are denying ourselves the right to education and limiting our potential. We owe it to ourselves and to future generations to make good use of the opportunities given to us.

Therefore, school dropout is a major issue in Uganda that needs to be addressed. As students, we must value our education and strive to stay in school until we complete our studies. By doing so, we will be setting ourselves up for success in the future and ensuring a brighter future for ourselves and for our country. Let us all work together to encourage students to stay in school and make the most of the educational opportunities available to us. Together, we can make a difference and build a better future for all.

# POLICE OFFICERS FROM THE FIRE BREGADE EDUCATE OUR STUDENTS ON FIRE

It a universal truth currently that various schools in Uganda have been attacked by the alarming trend of fires, significantly ravaging the infrastructure and worst of all, many students have lost their lives. Given this background, Holy Cross Lake View hosted two police officers from the Fire Brigade, a department in Uganda Police on 23rd March, 2024. The officers provided an exclusive fire drill to our students on fire safety protocols and preventive measures. The purpose of this was to raise awareness to the students about fire hazards, familiarize them with the evacuating process and prepare them to respond swiftly and effectively to evacuation in case of any emergency.

Our students were thoroughly equipped with the necessary knowledge on fire and it's elements, causes of fire and it's preventive measures. They were also taken through the technicalities involved in using a fire extinguisher like pushing, aiming, squeezing and sweeping. The learners had a great experience operating a fire extinguisher themselves and this fostered the acquisition of the hands-on skills which could be applied in case of any emergency.

enerally, the fire drill yielded positive impacts on the students as it fostered safety consciousness and prepared the learners to respond to any fire emergency. I sincerely thank the school administration for the support and look forward to having more fire drills extended to our students and the entire staff to ensure sustainable safety.

Kisekka Medard
uhammad
Estates Manager.









#### NURTURING TALENTS THROUGH TALENT SHOW

#### LIFE REALITIES

Being single in school can sometimes make you feel like you are missing out on something, but the truth is, being single can actually be a great opportunity to focus on yourself and your growth. As a proud student who is single, I want to share some thoughts and experiences that may help everyone. One momentous evening, a close friend of mine shared with me her life experience after getting a boyfriend in Senior three. She remarked, "I no longer feel free to participate actively in lessons, feel shy going for my meals and I have quit sports for fear of my boyfriend seeing me." This therefore compelled me to share with you about singlehood. First of all, being single allows you to priorities yourself and your goals without the distraction of a romantic relationship. You have the freedom to pursue your interests, excel in your academics and participate in extracurricular activities without worryI have found that being single has given me the chance to develop a strong sense of independence and self-confidence. I have learnt to be comfortable with whom I am and enjoy my own company. Being single doesn't mean you have to feel lonely or left out. There are so many opportunities to connect with others and build a supportive community. Of course there may be times sometimes where you feel a twinge of longing for a romantic relationship and that's completely normal. However it's important to remember that being single is not a limitation or a curse. So my fellow students, I encourage you to embrace and celebrate your singlehood. Focus on your personal growth, cultivate meaningful relationships, and enjoy the freedom and independence that comes with being unattached. Beware that being single is the best relationship you can ever have.

Atuhaire Nicole Blessing S.2G

Holy Cross Lake View aims to provide a well-rounded education that nurtures the body, mind, and soul of our students, transforming them into productive members of society. One of the ways we achieve this is through the integration of music, art and talents into our curriculum. Different kinds of performances, such as talent shows and MDD, are highly anticipated events at our school. Not only do these events provide a welcome break from the monotony of academic life, but they also serve as a platform for students to showcase their talents in singing, dancing, composing, and more.

Through these performances, we are able to identify, develop, and promote the diverse talents of our students, preparing them for success in a competitive world. As teachers and parents, it is crucial that we support and guide our children in pursuing their passions. By identifying and nurturing their talents, we can help them achieve their goals and reach their full potential.

Joseph M. Nsubuga, Music Teacher.









## IT IS OUR ROLE AS STUDENTS TO COMBAT CORRUPTION FOR THE BETTER UGANDA

Corruption is a widespread issue that has plagued many countries worldwide, including Uganda. It degrades democracy, weakens the rule of law, and hinders economic development. As students in this might institution, we can take the lead in curbing the galloping vice for the better Uganda to make the future generation virtuous.

First and foremost, we as students have the obligation to ensure that there are no any engagements in corrupt practices which include; examination malpractice, bribery, blackmailing fellow students among others. This means that we are nurtured to serve the society catering for everyone due to the basic values attained and live by the etiquette of the constitution and Christianity. Furthermore, we are obliged to hold our peers, teach

ers, and even government officials found guily of corrupt practices and also oppose the vice through workshops and assemblies. By raising awareness and promoting a culture of integrity, we can help to create a more ethical and just society.

Ultimately, the fight against corruption is a collective effort that requires the participation of all members of society, beginning with us the students. By taking a stand against corrupt practices and working towards a more transparent and accountable Uganda, we can contribute to building a better future for ourselves and generations to come. Let us all join hands in this important battle and strive for a corruption-free Uganda.

By Igaga Samuel S.1D

## **BEYOND MISTAKES**

Even if you have made mistakes in life those mistakes should't define you. God still has a definition of you bigger than your mistakes.

Some of you are stuck in the mistakes of the past, you have accepted your-self and not only identified yourself that way but you have allowed the world to define you that way. But remember, yesterday's failures need not to dictate today's path. Acceptance and growth pave the way forward. Just accept, come to terms and don't carry guilt for the changes taking place in your life when you are sure that they are of God. To all students, Exams and Grades matter, they're stepping stones. But they aren't the sole measure of your future. A low grade won't extinguish your dreams or talents. Success isn't confined to a report card; it's found in resilience, creativity, and character.

NABONGHO BENJAMIN ISIKO JR S.5 ARTS 2024

Don't adopt others' metrics of success. Your journey is unique. Achieve success in your terms. Pursue knowledge, but remember practice is the key. Zeal without understanding is like a fire without light it burns but doesn't illuminate.

NABONGHO BENJAMIN ISIKO JR S.5 ARTS 2024





rn Breeze 73

## **SCHOOL FARM**

## **Empowering Our Students through Agriculture**



At Holy Cross Lake View, we are privileged to have a school farm. The farm, that spans over 10 acres, was started in 2023 and serves as a platform for handson learning experiences in Agriculture, Nutrition, and Entrepreneurship. Students at the school are actively involved in activities such as harvesting fresh produce and tending to livestock, gaining essential skills in Science, Technology, Engineering, and Math (STEM) along the way.

The school farm has proven to be a valuable asset in impacting students across various disciplines. With the school farm in place, the students have an opportunity to learn about crop rotation, soil management, and animal husbandry. Additionally, they are taught how to market and sell their products, providing them with practical knowledge and skills that extend beyond their classroom confines.

Agricultural education teacher, Mr. Osapir Eliphaz stresses that the farm is not just about farming but also about teaching students critical thinking, problem-solving, and teamwork. The farm's produce, which includes milk, cereals like maize, and vegetables such as tomatoes, sukuma, spinach, green paper, among others, is utilized within the school and Congregational Houses. Students also have the opportunity to participate in agricultural competitions, where they can showcase their innovations and skills.

The school farm is thus revolutionizing education by offering students real-world applications, hands-on experiences, and essential skills for the future. As the demand for sustainable agriculture and STEM education continues to rise, the farm plays a crucial role in shaping the next generation of leaders.

## **FOODS AND NUTRITION**

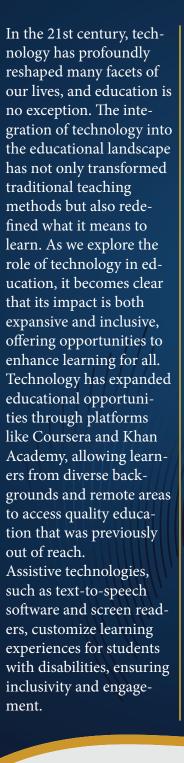
## THE SCHOOL BAKERY NURTURES DREAMS AND SKILLS

As the national campaign continues to skill Uganda, particularly in the new curriculum, Holy Cross Lake View School's bakery goes beyond teaching skills to focus on nurturing dreams and celebrating the passion of young talents. The school bakery plays a pivotal role in providing hands-on learning and preparing the younger generation to thrive in a competitive world.

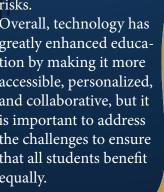
At Holy Cross Lake View, the school bakery not only impacts lives but also brings exceptional talents to the practical world of the students through daily production of bread, pastries, half cakes, and crunches. These quality products not only sustain the students' lives through financial savings but also eliminate substandard products within the school that are less nutritious.

Join us in innovating for good and creating a positive impact on the world. Together, let's empower tomorrow's bakers and move the planet forward.





Tools such as Google Classroom and Microsoft Teams facilitate communication and teamwork among students, teachers, and parents, breaking down barriers of time and location and promoting interactive learning. Integrating technology into education equips students with essential digital skills like coding and data analysis, preparing them for a technology-driven job market. It addresses challenges like the digital divide and privacy concerns. Ensuring equitable access to technology and providing adequate training for educators are crucial for maximizing technology's benefits while mitigating Overall, technology has greatly enhanced education by making it more accessible, personalized, and collaborative, but it is important to address the challenges to ensure that all students benefit equally.









The Easter

## shion Sollection

At Holy Cross





**House Tshirts** 











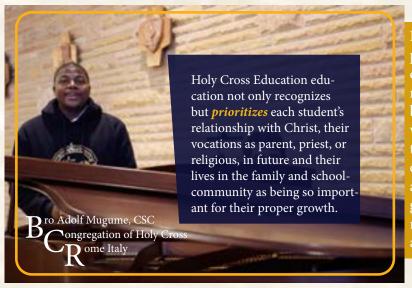
O' Level Grey Jumper and track Suit







## The Role of Mentorship in Bridging the Intergenerational Gaps.



In a world swirling with uncertainties, young people often find themselves adrift, seeking direction and support. We need to take up mentorship roles in order to act as an age-old beacon guiding the youth through turbulent waters. I feel it's high time society STOPS talking of "Children of now-days" but embraces the transformative power of intergenerational mentorship and faith formation to become good role models, ensuring that today's youth receive the wisdom and stability they desperately need shape their competence and values.

the family. When children grow up in families that engage in open dialogues and share stories, they are most likely to have high self-esteem because these family connections weave strong bonds that help our young people to be visible, feel appreciated, and be supported in their journey of self-discovery and growth. The fear is always that if parents and families do not give their children time or listen to their worries and concerns, which are not always necessarily about money and material goods, they may grow up with some level of emptiness. I trust that schools play a fundamental role, but they too need the family's involvement.

You may agree with me that storytelling is a cherished tradition across our cultures; it is also a vessel for imparting vital lessons and values. Consider the African ubuntu philosophy, which emphasizes community and shared experiences. In an age where digital distractions are distancing us from meaningful interpersonal conversations, families must question: What is this causing in the lives of young people? How in the world shall we know our children well, and understand their real needs and concerns? Reclaiming quality time can ignite the spark of understanding, allowing children to draw insights from their parents' journeys.

Secondly, I propose understanding generational differences as a

At the heart of mentorship lies crucial aspect of effective mentorship, ily. When children grow up in that engage in open dialogues re stories, they are most likely crucial aspect of effective mentorship, even in the faith journey and job market. Each generation embodies unique strengths and challenges;

People born between 1946 and 1964 are called Baby Boomers. They are experienced, with a strong work ethic and interpersonal skills, but are resistant to change.

People born between 1965 and 1980 are referred to as Generation X. They are adaptable, independent, and self-reliant, but skeptical.

Those born between 1981 and 1995 are referred to as Gen Y or

Millennials. They are technologically proficient, purpose-driven, and collaborative but face the challenge of entitlement.

People born between 1996 and 2010 are now referred to as Generation Z, commonly known as Gen Z. They exhibit digital fluency and social awareness, and they are entrepreneurial, but with short attention spans; they also want things done instantly. Lastly, the generation born from 2011 to the present is Generation Alpha, the tenegars who are growing up in *the AI error*; If you reflect deeply on the above categories and you are anything like me, you will find yourself belonging to one of the groups mentioned above. Instead of casting blame or giving less time to young people, as parents, family members, religious

leaders, and educators, let us be open to dialogue and listen to these young people to foster an environment where both older and younger generations appreciate each other and can learn from one another—a true exchange of wisdom and creativity to build a generation of hope that preserves its identity and values embeded in the fear of God, which is, of course, the beginning of wisdom.

Imagine a community where mentorship flourishes—a place where the wisdom of the older generation guides the vibrant energy of the youth. This intergenerational synergy can be cultivated in families, churches, schools, workplaces, the community, etc. We all have a responsible role in building bridges that will shape a worldview that is religiously and culturally acceptable. By sharing knowledge and experiences, we create a rich tapestry of support that benefits everyone.

Navigating the uncertainty of youth mentorship is not just a task; it's a mission for a better future. I appeal to families to prioritize communication and storytelling while appreciating the unique attributes of each generation in order to illuminate the path for the leaders of tomorrow to thrive. 1 Peter 5:1-3 Challenges us when he says "to all the elders among you, I appeal to you as a fellow elders... be good shepherds to God's flock under your care.." He emphasises the role of mentorship and role models.



I will never forget my summer at Holy Cross Lake View School (HCLV) in Jinja, Uganda. There, I taught a class for the first time, made many new friends, and deepened my faith, among numerous other eye-opening experiences. The community in Uganda, and more specifically HCLV, was one of the most welcoming I have ever seen in my life. Every single person there is willing to stop whatever they are doing to chat or lend a helping hand. Although I had never traveled to Africa before, instantly, I felt at home and peaceful.

The school itself was always bustling and full of life. With over one thousand students, it was bound to be. Teaching most certainly came with its fair share of difficulties; especially coming from a significantly different environment in the US, but it was also full of constant joys and moments which made me incredibly proud. While talking physics, solving problems, sharing laughs (largely at my American accent), and playing games with students, I truly bonded with them and made lifelong memories - treasures I will forever

cherish. Each lesson had a personality of its own where the students and I were able to share and see new parts of each other: things that went beyond the realm of Physics.

I believe that ultimately education makes us more human and allows us to connect with others in new ways. That is what teaching and spending time at Holy Cross did to me. Reflecting on it even now, I greatly miss my friends back at HCLV but I hope to see them again one day. There is real talent and promise at the school and I am confident those I know will make their communities and the world a brighter place with their gifts. My friends, students, and mentors in Uganda were able to show me so much about life and broaden my perspective of the world. I dream I had even a fraction of that same positive impact on them. Sometimes it takes a lifetime to see the entirety of the impact a person has. A friend once told me that is God's way of keeping us humble.

Peace, Russ Henggeler





## Sister School in France

"Would you be interested in a Pen pal exchange?" That simple question started our Holy Cross friendship.

## THE ORIGIN

Every year, the Holy Cross Institute organises "Convocation," an event during which Holy Cross ministers and educators from schools and universities gather in St Edward's University, Austin, Texas (USA). In 2023, I attended "Convocation" for the first time.

I am Marie-Gaëlle Clementi, an English Language Teacher in Saint Michel de Picpus, a French school located in Paris. Our Holy Cross school was founded in 1876 and educates more than 2800 students from kindergaten to undergraduate university.

The theme of "Convocation 2023" was "Being Family." Following Blessed Father Moreau's light, I met different Holy Cross members and when I came back to Paris, I was driven by Holy Cross "Hope".

Thanks to Maureen Schweninger, I was able to contact Holy Cross Lake View members: Father Prosper, then Patrick Tenywa, an English Language Teacher, like me.

"Would you be interested in a Pen pal exchange?" I asked him in August 2023. Hand in hand, we created this common project and great adventure for our Ugandan and French students.

## OUR UGANDAN & FRENCH FRIENDSHIP

Patrick Tenywa and I share the same values: respect, tolerance, hard-work and love for our Holy Cross family. Working together as teachers was easy and enriching, and we tried our best to make our students experience the same.





It took quite a long time for our letters to arrive by the post but it was worth it. Students from Holy Cross Lake View seemed happy, according to the videos they made and that we watched in Paris. When we received your letters in return, how amazing it was to see the joy and connection created across our borders and continents!

## **DIFFUSION OF OUR EXPERIENCE**

This first and new Pen pal exchange allowed our students, not only to practise and improve their English writing and reading skills, but also to broaden their horizons and connect them to their Holy Cross family around the world. I am truly honoured to write about our experience in your magazine, and also on our school website and educational blog.

## Saint Michel de Picpus, Paris, France.



One of my students, Clara, summed up: "This year, we exchanged with our Pen pals in Uganda. We sent them letters to present ourselves and we asked them questions about Uganda, how the weather is like, when they start school, and so on and so forth. When they replied to our letters, we were very excited and judging by the content of theirs, so were they. Moreover, we learnt a lot of information about Uganda. For instance that they started school earlier than we do

and that there are a lot of wildlife parks where we can see gorillas and so many others. Finally, we really enjoyed doing this exchange and we would be glad to pursue it!" Thanks Holy Cross Lake View for the love shown to us, we look forward to having more rounds.

## Ave Crux, Spes Unica!

By

Marie-Gaëlle Clementi, an English Language Teacher at Saint Michel de Picpus







Alix and Camélia, two French students

Father Richard's visit in Nov 2023. Writing letters to their Ugandan friends.



This message is for each member of my dear Holy Cross Lake View family: students, teachers, CSCs, staff, parents, and all who make our community thrive. Reflecting on my journey from walking through the gates of Holy Cross Primary School to standing today at the University of Notre Dame, one thing remains clear: Holy Cross education is not just about books and exams. It's about building character, discipline, integrity, and a commitment to serving others. The foundation I received in those classrooms back in Uganda prepared me for challenges I could never have anticipated, And that's what I want to talk to you about today: challenges, growth, and the path forward.

Each of you has the potential to make a difference, but the question is, are you ready to step out of your comfort zone to embrace it? It's easy to focus only on the grades and the end result, but Holy Cross teaches us that there is more to life than what is written on a report card. Every challenge you face, whether a difficult subject, a leadership responsibility, or even personal struggles, shapes you for something greater.

Emmanuel Epau I was challenged when elected as class president in S.1 A. I wasn't sure what leadership meant then, but looking back now, I realize that stepping up in those moments gave me the tools to face bigger challenges down the road. Today, as president of the Master of Science in Business Analytics Association here at Notre Dame, the lessons I learned in Uganda and Austin continue to guide me. Whether learning several coding languages in weeks, something I didn't think was possible, or leading my peers through complex projects, I am constantly reminded that challenges are not roadblocks but stepping stones to becoming the best version of yourself.

To the student reading this: Hey buddy! I challenge you to think beyond what's expected of you. What more can you offer to your community, school, and people around you? Leadership is not about holding titles; it's about service. At every stage of my life, whether through leadership, co-founding the Mustard Seed Business, or working and leading different platforms in Austin, my most fulfilling moments have been when I could uplift others. This is the essence of true leadership: Serving, Guiding, and Empowering those around you.

To the teachers and staff: You can uniquely shape the future through the students you guide. Your commitment and dedication are the pillars upon which we build our dreams. Thank you for your tireless work, and I encourage you to continue inspiring students to reach beyond their potential.

To the unsung heroes: The cleaners, cooks, security guards, dormitory matrons, patrons, and cafeteria employees: You are the backbone of this community, ensuring that everything runs smoothly behind the scenes. Though often unnoticed, your hard work and dedication are deeply valued, and you are essential to creating an environment where students can grow and succeed. Thank you for your tireless efforts, you are a vital part of the Holy Cross family.

For those of you still discovering your

path, I encourage you to embrace the unknown. Life is rarely straightforward, and you won't always have all the answers. But that's okay. Take each step with faith and courage, trusting that you are being prepared for something greater. The values instilled in you at Holy Cross-Lake View will light the way. So, never stop asking yourself: What is my purpose, and how can I use it to serve others?

As you look ahead, remember that the future belongs to those who plan for it, dream beyond the ordinary, and are willing to take action even when the outcome isn't guaranteed. Whether you aspire to be a doctor, a teacher, an entrepreneur, or anything else, please set your sights high and let your work ethic and faith carry you forward.

In closing, I want to leave you with

this: "The mind will not be cultivated at the expense of the heart" This is is one of the greatest lessons I have learned from Blessed Father Basil Moreau and my time at Holy Cross Lake View. While we strive for academic excellence, let us not forget that our true strength lies in our compassion, integrity, and willingness to improve the world.

So, as you continue your journey, I challenge you to hold on to these values. Ask yourself not just what you can achieve but who you can become and who you can help along the way. Your path might not always be clear, but with faith, determination, and a heart for service, you will find it.

I look forward to hearing about the incredible things you will do. Education For Service Ave Crux, Spes Unica!

## Leadership in Holy Cross is an invitation to serve others

## Student leadership elections

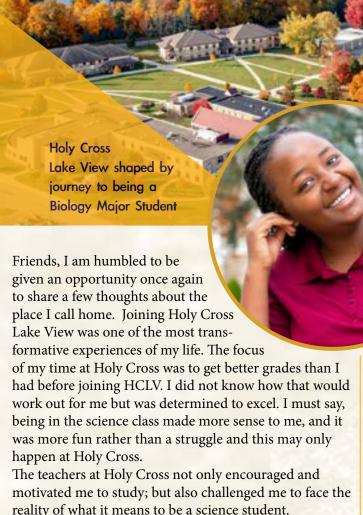








n Breeze



on the other hand, I was also provided with an education that was holistic, connecting academics with co-curricular activities, faith, and care for the environment right from the dormitories. This approach taught me that science is not just a subject to learn to be too serious. But it means to connect to the reality that benefits humankind through making careful observations that I so much appreciate in my Biology and Integral ecology classes here at Holy Cross College today.

The unique aspect of holistic education at Holy Cross

The unique aspect of holistic education at Holy Cross Lake View supported both my academic and spiritual growth to the realization that science and faith that are often seen as opposing forces in the world view can be better defined as complementary.

## Cultivating both Mind and Heart

This was all possible through the many school activities and thanks to my educators who cared and guided me through. I was able to ask difficult questions, grow and develop a deeper understanding of both science and faith as complementary sources of truth through acknowledging God as a source of all things even the knowledge I was looking for. I learned to see things from another perspective and not just what we hear, sciences are hard, not easily passable but the witness at Holy Cross was life changing. If you choose seriousness, you will make it, this helped me focus and to tell you, I grew more in my love for sciences.

I also had the opportunity to pursue my passion for music through the school's music ministry. I was able to participate in the Infinite Singer's music ministry and the school choir. Balancing rigorous science studies with choir practice was challenging, but it was also incredibly rewarding. Being involved in the music ministry taught me valuable lessons in teamwork, leadership, dedication, and finding joy in developing my passion, gifts and talents outside academics. This affirms the reality that a well-rounded education involves engaging with diverse interests, not just excelling in academics but also social and human growth which is a big opportunity that Holy Cross Lake View offers.

To all current and future students of Holy Cross, I encourage you to embrace every opportunity this school offers. The path to growth often comes through challenges that might not make sense immediately, such as balancing academics with activities outside your comfort zone or receiving tough advice from teachers. Holy Cross provided me a unique environment for grow holistically and so it can to you; use your time well to explore and grow academically, spiritually, and socially. Embrace the challenges and guidance you receive, as they are often the keys to unlocking your full potential.

In the end, HCLV didn't just make me a science student; it made me a better person. I left with not only a passion for the sciences but also a sense of purpose and a commitment to making a difference in the world. Let your time there be filled with curiosity, resilience, and gratitude for the guidance and support that a Holy Cross offers through Educating the Mind, Heart, and Body. I can't forget my memories of the song "Holy Cross Lake View My Pride. A home for everyone to Raise and Shine."

What is Holy Cross to you?

Remain focused Nicholet Zabuna



It is an honor to contribute once again to this year's edition of Eastern Breeze Magazine. Reflecting on my journey at Holy Cross Lake View, I am filled with gratitude for the memories, lessons, and people who have impacted my life in ways I could never have imagined. My six years at Lake View were transformative. When I joined in 2015, I was unsure about what the future held. Being in a new environment without any friends was challenging, but over time, I found my footing by engaging in activities like debate, leadership, and even the Stanbic Bank Championship. These experiences allowed me to discover who I was and what I loved doing.

My time at Lake View wasn't just about academics; it was about building connections and creating a second family. Holy Cross gave me a sense of belonging and fostered a deep appreciation for education, community, and growth. Our teachers, with their patience and persistence, helped us realize our potential even during challenging times. They taught us that there is something unique in each of us, something we can use to contribute positively to the world.

Today, as we look to the future, there's an exciting yet challenging new dimension emerging in our lives: artificial intelligence (AI). AI is reshaping industries, transforming how we live, work, and communicate. As young people, the generation most likely to be impacted by these changes, we must prepare ourselves to remain relevant and adaptable in this new world. My boss recently shared a powerful insight: "AI will not replace you, but someone using AI will." Embracing AI isn't just about understanding

The journey of education will look different in a world shaped by AI. As students, you can prepare by building skills that technology can't replace, like creativity, empathy, critical thinking, and adaptability. AI may handle complex calculations or manage data on a scale we can barely comprehend, but it can't replace the human touch, the power of storytelling, or the empathy needed to connect with people. At Holy Cross, you have the perfect environment to nurture these irreplaceable qualities—qualities that will set you apart in a future where AI is prevalent.

Being a LAVISCANZ means carrying the legacy of love, service, and responsibility. As you continue your education, keep pushing boundaries, stay curious, and don't shy away from challenging what you know. This mindset will help you stay agile and relevant, no matter how technology evolves. Remember, our school values—love, community, and service—will always remain essential, even as AI and other technologies become more integrated into our lives.

Education isn't just preparation for a job; it's preparation for a life of impact. In a world of rapid technological change, stay true to these values. Use technology as a tool to improve the lives of others, to bridge gaps in knowledge, and to foster understanding among people. Remember, education for service remains our guiding light, and I am confident that each of you will use your unique gifts to create a brighter future for all.

Thank you, and best wishes for the journey ahead! Shakiib



## **GOING BACK TO MY ROOTS:**

## A THANKSGIVING CEREMONY AT HOLY CROSS LAKE VIEW

It is an undeniable truth that every school takes great joy and pride in witnessing its students thrive and achieve academic success. With our unwavering commitment to offering a holistic education, Holy Cross stands proudly as a beacon of academic excellence, with an impeccable tradition of mentoring students to achieve great success in Uganda and beyond. The atmosphere on Sunday 16th June, 2024 at school was electric. It was another thanksgiving ceremony for our two beloved alumni; Dr. Idiobe Muwanika and Mr. Epau Emmanuel. At 29 years, Dr. Idiobe Muwanika graduated with a Ph.D. in Aerospace Engineering at Oklahoma State University in USA and now works with Boeing Company. Mr. Epau Emanuel also graduated with a Bachelor of Business Administration in Marketing at St. Edwards University in Austin Texas.



At midmorning, the chapel was filled to capacity with excited students, teachers and honoured guests. Holy mass immediately commenced, led by Rev. Fr. Arnold Jawiambe CSC, an alumni of the school, who represented Rev. Fr. Peter Caxton Mayanja CSC, the Provincial Superior.

The priest's theme centred on the concept of growth and transformation. He emphasized how the students being honoured that day started their academic odyssey while small, young and eager boys but through hard work and dedication, they evolved into strong and capable individuals worth celebrating.

A press conference followed. The air was filled with anticipation as the media representatives engaged the school on their recent successes.

The Head teacher underscored the school's dedication to fostering science and innovation. Dr. Muwanika Idiobe, who had excelled in science fare during his time at Holy Cross, spoke passionately about how it had ignited his passion for science and guided him in shaping his career path. The onlookers gathered around the various innovations, making them marvel at the ingenuity and creativity portrayed by the young minds of Holy Cross.

It was a festive mood as students, teachers and invited guests convened for dinner, where they enjoyed a wide array of dishes served and showcasing a strong spirit of gratitude and togetherness.

Owekitibwa Ahmed Osman Noor, the Second Deputy Prime Minister of Busoga Kingdom had the esteemed honour of representing the Kyabazinga as the chief guest.





Upon his arrival, he was warmly welcomed at the entrance by the staff, graduates and the smartly dressed scouts. This was followed by anthems and a guided tour of the school. He also visited the science fair where he praised the school for it's perfect execution of the curriculum before he planted the memorial tree.

The occasion was graced by various distinguished guests. Key personalities included Mr. Wamika Christopher, the chairperson PTA, Mr. Kisambira Eria, the inspector of schools in Jinja district, former students currently studying in USA, parents of the graduates among others.

While addressing the audience, the Head teacher warmly welcomed all the guests. He commended the graduates for their hard work and dedication. He further extended encouraging remarks to the students, stressing the importance of discipline,









hard work and perseverance in achieving their goals. He later invited the inspector of schools who applauded the school for prioritizing science and innovation and for its exemplary execution of the curriculum.

Taking the stage to deliver their speeches, Dr. Idiobe Muwanika and Mr. Epau Emmanuel delivered their heartfelt and inspiring speeches. With gratitude, they recounted their humble beginnings and shared how their sheer determination and the unwavering support of the school enabled them to score scholarships in prestigious universities in USA. Their inspiring stories of perseverance and resilience moved the hearts of the students, serving as a beacon of hope and testament of the power of education and hard work.

In Kyabazinga's speech delivered by his representative, he congratulated the parents and the guardians of the graduates and thanked Holy Cross family for supporting children irrespective of their backgrounds.

He further appealed to the management of the school to work with Busoga Kingdom in rekindling Busoga's education glory since the Busoga region has for long been famous for being academic giants.

As the Thanksgiving ceremony came to the climax, the chief guest, along with the graduates, staff and other invited guests gathered to take commemorative photos which would forever serve as a reminder of the unity and gratitude shared on this special occasion.





## 2024, A Year of Fun, Fitness, and Sportsmanship

"Work without play makes Jack a dull boy", a proverb that has been ingrained in our minds from a young age, emphasizes the importance of balancing academics with extracurricular activities. At Holy Cross Lake View SSS, we are dedicated to ensuring that every student has the opportunity to engage in some form of physical activity, be it sports or other recreational games.

Throughout the year, our students have participated in a variety of sports activities, including football, basketball, volleyball, netball, chess, and Scrabble. These activities have not only kept our students active and fit, but have also helped in elevating their self-esteem, fostering teamwork, and creating lasting friendships.

Looking ahead, the sports department has plans to introduce new games such as handball and table tennis, with the aim of making them popular among our students. We believe that these additions will further enhance the sports culture at our school and provide even more opportunities for our students to grow and develop both physically and socially.

We would like to express our gratitude to the administration, students, parents, teachers, and everyone who has supported the sports department throughout the year. Your contributions and encouragement have been invaluable in promoting a healthy and active lifestyle among our students.

Odongo Denis, Games and Sports Teacher.



## MAKE USE OF EVERY OPPORTUNITY

Dear students of Holy Cross Lake View SS, here is a piece of advice to you. In the first place, every student must realise that being in school is a very great opportunity. There are several people out there who would want to be in school but they do not have any opportunity either due to financial hardships or other problems.

There are also those who were in school but they misused their school days and probably no longer have another opportunity to get back to school thus every time they see those who are still going to school, those memories linger in their minds and they consequently feel the pain for the lost opportunity.

Parents sacrifice whatever they have for you to be in school. Some fail to eat they want, buy the clothes they want, or any other good things in life because of you. The only precious gift your parent can give is education. When a parent educates you, they prepare you for the good adult life. He who provides to a child does a good thing, but he who prepares a child does the best."

Be blessed.



Mr. Bagambe Alexander Head of Security.

## Blue and Gold Introduction





Coming soon



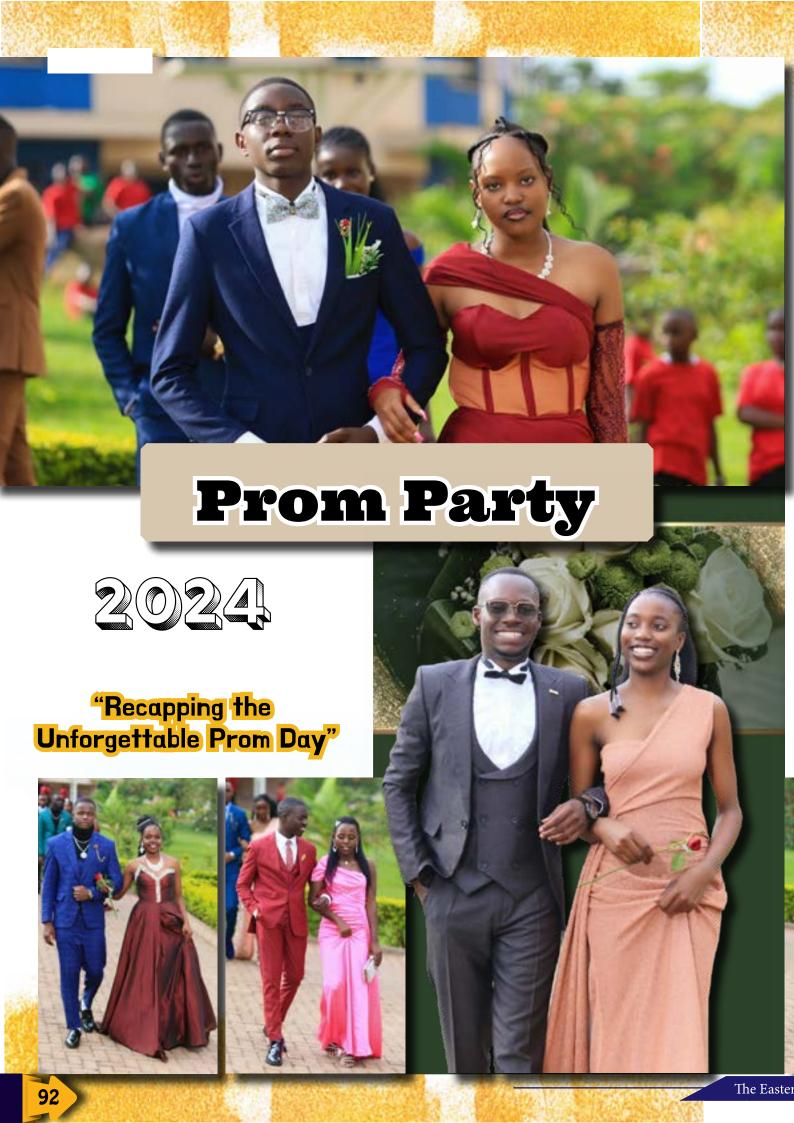




# SENIOR FOUR BASH 2024 Keeping the Memories







Under the theme "We are because we choose to be," the Prom this year was a celebration of academic progress, diversity and cultural heritage. Students proudly displayed their heritage by dressing in traditional cultural attire, showcasing their pride and unity. The event was filled with an abundance of delicious refreshments and food, creating a lively and enjoyable atmosphere. On this memorable day, the students embraced and celebrated their academic achievements. The Prom therefore underscored the essence of unity, diversity, and the beauty of cultural heritage, making it a truly special and unforgettable experience for all our students.



## Her Opionion

## **BEST FOOTBALLERS 2024**

- 1.Bukayo Sako (Arsenal)
- 2.Lamine Yamal
- 3.Phil Foden
- 4.Rodri
- 5.Bruno Fenarndes



## **BEST BASKETBALL TEAMS NBA**

- 1.Boston Celtics 2.Oklahoma City Thunder
- 3.Denver Nuggets
- 4.Minnesota Timberwolves
- 5.New York Knicks



## **BEST FOOTBALL CLUBS 2024**

- 1.Man City
- 2.Real Madrid
- 3.Arsenal
- 4.Liverpool
- 5.Bayern Munich



## **BEST MOVIES TO WATCH**

1.Trigger warning – Action
2.Thelma the Unicorn Animation
3.Confessions of an invisible girl
4.King the land – Kdrama
5.Shaitaan—Indian horror
6.One Punch man – Anime



## **BEST CLUB MANAGERS**

1.Pep Guardiola 2.Carlo Ancelotti, 3.Jurgen Klopp 4.Erik Ten Hag



## **BEST SERIES TO WATCH**

1.Stranger things – thriller 2.The boys –Action &thriller 3.Love ,Death +Robots 4.Love Alarm – kdrama 5.Supacell –thriller



## **BEST TRANSFERS 2024**

- 1.Chelsea's Moreira joins Strasbourg
- 2.Bournemouth signs Porto's striker Evanilson
- 3.Tottenham agreement to sign Odobert from Burnley



## **BEST ACTORS**

1.Robert Downy Jr.2.Shahrukh Khan3.Song Kang4.Jackie Chan-Chang Kong5.Cillian Murphy



## **BEST BASKETBALLERS NBA**

- 1.Jaylen Brown 21.1 2.Stephen Curry -20.1
- 3.LeMelon Ball -19.7
- 4.Shai Gilgeous 18.3
- 5.LeBron James 17.7



## **BEST ACTRESSES**

1.Margot Robbie2.Milly Bobby Brown3.Aishwaraya Rai Bachchan4.Uche Montana5.Scarlett Johansson



## Polls 2024

## **BEST AFRO MALE ARTISTS**

- 1. Burna Boy
- 2. Davido
- 3. Asake
- 4. Rema
- 5. Oxlade



## **BEST MALE INTERNATIONAL ARTISTS**

- 1. Kendrick Lamar
- 2. Conan Gray
- 3. Cold play
- 4. Drake
- 5. Usher



## **BEST AFRO SONGS**

- 1. Commas
- 2. Dalilah
- 3. Big Big things
- 4. Perfect Combi
- 5. Nyash na Nyash



## BEST FEMALE INTERNATIONAL ARTISTS

- 1. SZA
- 2. Taylor Swift
- 3. Olivia Rodrigo
- 4 Sabrina Carpenter
- 5. Megan Thee Stallion



## **BEST FEMALE AFRO ARTISTS**

- 1. Tems-Temilade Openiyi
- 2. Ayra Starr
- 3. Tyla
- 4. Fave
- 5. Simi



## **BEST INTERNATIONAL SONGS**

- 1. Not like us
- 2. Beautiful things
- 3. Espresso
- 4. Million dollar baby
- 5. Saturn



## **BEST K, POP GROUPS**

- 1. Stray Kids
- 2. BTS
- 3. Black Pink
- 4. New jeans
- 5. Seventeen



## RICHEST PEOPLE IN THE WORLD

- 1. Elon Musk -\$252.4B
- 2. Jeff Bezos-\$215.9B
- 3. Benard Arnault & family
- 4. Mark Zuckerburg-185.4B
- 5. LYRICS



## **BEST UG SONGS**

- 1. Masavu
- 2. Hoozambe
- 3. It's Okay
- 4. Wakikuba
- 5. Sipimika



## **BEST AMPANIANO HITS**

Tshwala Bam ft.Burna boy; Monday ita la wa(le le) Tuesday ita la wa (le le) Wednesday ita la wa (ello eh) As long as Naija lawa(yeh yeh) Eh Tshwala Bam \*5 Soweto baby, Yebo, Siji, Mwai



## Die Opionion

## HIT AND RUN. ft, Masicka & Di

Genius – Shenseea

You think you could a get in a my feelings?

feelings? You couldn't get me to settle down.

Me give you a hit and run.

Me give you a hit and run.

Me did only want little dealings

Love you did a look you must be dumb

## MOST LOVED MINISTERS

Omolo Innocent 30% Nabongho Benjamin 25% Mutumba Simon 25% Amaku Trinah 20%



## **BEST ADMIN**



## **SERIOUS STUDENTS**

Namulondo Nusrah 30% Mubala Charles 25% Nabakooza Esther Tyra 25% Kadhumula Ansalm 20%



## **BEST FEMALE TEACHERS**

Md. Immaculate40%Md. Anabellah25%Md. Sheila22%Md. Atwine13%



Ssenyondo 40%
Damian 25%
Mutesi Ruth Tracy 20%
Kyoyagala Alison 15%



## **BEST MALE TEACHERS**

Luvunya 35% Mr. Edrine 30% Mr.Odongo 25% Mr.Mudhanga 10%



## **BEST ARTISTS/ PAINTERS**

K.B. Maurice 40%Craig.T. 30%Pedro .M. 20%Emma F4 15%



## **BEST NON TEACHING STAFF**

Uncle Meddy 40% Mr. Charles 20% Md. Nakanwagi 25% Uncle Zinoni 10%



## COMPOUND FLOWERS

Kataha .H. 35% Ssempa Timothy 25% Mukisa Joshua 20% Leroy K. 10%

## Polls 2024

## **SMARTEST STUDENTS**

Kagoya Lovin 30% Kafeero Samson 25% Leanne Kimberly 25% Melissa Karen 20%

## **BEST CLUBS**

Laudato Si Club 30% Debate Club 25% Interact Club 25% YCS Club 20%



## **BEST WALKING STYLES**

Americana Kagoya 35% Mwesigwa Joy 30% Nabirye Racheal M. 25% Craig T. 20%



## MOST ATTENDED EVENTS

MDD 30%
End of Term Mass 25%
Retreat 20%
Talent Show 20%
Kiromo 15%



## **BEST INSTRUMENTALISTS**

Anody Lance 40% Ian M. 35% Isaiah M. 25%



## **BEST HANGOUTS**

Basket Ball Court 40%
Basil Moreau Arena 26%
Balconies 24%
Cafeteria 20%



## **BEST MCs**

Jemimah Kimberly 45% Brandon. B. 25% Shakira.N. 20% Mr.Popper Simon 10%



## **WORST MOMENTS**

Estate Week 25%
Being highlighted on Middle lane 25%
Being scissored 20%

When doors lock in your face 20% Being caught singing wrong lyrics



## **BEST NICKNAMES**

 Popper
 30%

 Piano
 25%

 Boggie
 25%

 Fish
 20%



Derrick A. 35%
Marvin Oola 25%
Agwang P. 20%
Titus A. 15%
Laudato Si 30%





When you say Good night to someone, it does not mean to stop from that word but also pray for that person to the lord so that He may protect him or her during the night.

Valentine is meant for everyone but some people think it is only for the elders. I can decide to give my dad a flower on valentine which is fine. Try to make other people happy during Valentine 's Day apart from your husband, wife boyfriend and girlfriend there are many people who need to be happy on that day.

JEMIMAH VENTURE F1 D

## PHYSICS LOVE POEM

With the hydrolysis of your touch, my love for you is levered at a Fixed point in my heart keeping me at equilibrium.

Without you I'm Unstable and as ferromagnetic material, I decelerate to your chest

And our friction germinates electricity that determines my ductility.

Your words keep my heart pacing with variable velocities that give

Me a high affinity for your love. The inelasticity collision of our porcelain

Densities accelerate my paramount feelings for you. I see the image of

Your love at infinity from an object at the principle focus of your thoughts.

Clearly, the refracted rays of our affair converge at a critical angle

Proving efficiency of our love is 100%, hence verifying Newton's third law

Of motion because for all your actions there is an equal and opposite

Reaction me and you.

Imagine you are the husband at home, and one day you wake up early in the morning to take a shower, after wrapping yourself with a towel and moving from the bathroom, you find the family members in the sitting room and your son comes to give you a hug. You lift him up and during that process, the child and towel fall down .On the child and towel which one do you get first?

## **FUN MOMENT**

I am full of holes. I can hold water. What am I?

Answer: A sponge

What are two things people never eat before

breakfast?

**Answers: Lunch and Dinner** 

What has two hands, a face, no arms and legs?

Answer: A clock

What has four legs and only one foot?

Answer: A bed

What gets wet when drying?

Answer: A towel.

What can't be used until its broken?

Answer: An egg

What has many keys but can't open any doors?

Answer: a piano

By Lerna Marie F,2G

Thinking positively means that you are an optimist and that you believe that you can do anything you apply yourself to do. Positive thinkers approach life with the attitude that; all is possible, they can move mountains and that they can squeeze water out of a rock. Positive thinkers see something good in every bad thing that happens to them. They do not regard disability as inability. Positive thinkers turn misfortunes into fortunes by looking on the positive side. It enables you to tackle difficult tasks before you. It frees your mind from the captivity of negative thinking. It helps you stay focused by not giving up on whatever you set out to accomplish. Do you know something about success, here we go;

- S- Setting your goals
- U-Understanding your obstacles
- C-Creating a positive mind
- C-Clearing all the doubts
- E-Embracing all the challenges
- S-Stay focused
- S-Show determination ABEJA SYLVIA F.6 ARTS



"Turn your wounds into wisdom" Oprah Winfrey

"Whatever you are, be a good one." Abraham Lincoln

"All the world is a stage and all the men and women are merely players."

William Shakespeare

"If you want something done right, you have to do it yourself." Charles Dickens

"No one can make you feel inferior without your consent." Guillavance

"Every struggle in your life has shaped you into the person you are today, be thankful for the hard times they only make you stronger." Keanu Reeves

"Throughout life, people will disrespect you and treat you badly, let God deal with the things they do because the hate in your heart will consume you too." Will Smith

"Just remember, you can't climb the ladder of success with your hands in your pockets." Michael Jordan

"Sometimes you just need to distance yourself from people, if they care, they will notice" Kendrick Lamar

"Some are born great, some achieve greatness, and others have greatness thrust upon them. 'William Shakespeare

"It always seems impossible until it is done." Nelson Mandela Esther Tyra 2E



When you see people talking about, Don't worry.

When you become the topic, you become the topical When you become the head you become the headline So don't worry about what people say about you It means they are already behind you Anybody say neighbor I LOVE YOU But that doesn't mean I will make you my friend Amen praise God Thanks be to God

## MUTESI EVELYN S.1D DAD'S LOVE

Dad's love is the best
I love my dad so much
He is my super hero
He makes sure to see happy every time
He struggles, he seats he walks every where
But all in all he just wants to give me a better life
A better for education
A better life for feeding well
Sometimes he may be tough but being like that
He wants me to become a better person in future
If u still have a dad be proud of him no matter what.
MUTESI EVELYN S .1D

## I'd rather

I'd rather

Heave half a brick than say I love you, though I do Crawl in a hole than you Darling, though you are. I'd rather

Wrench off an arm than hug you Though it's what I long to do

I'd rather Gather a posy of poison ivy than Ask if you love me

So if my
Hair doesn't stand on end
It's because I never tease it
And if my heart isn't in my mouth
It's because it knows its place
And if I don't take a bit of your ear
Its because gristle grips my guts
And if you get to moss the message
Better get glasses
And read it twice

By Lucky Syson S1. B

## **FUNNY**

It's my first time to be in court Then the judge said "ORDER" I said Chips chicken and soda Now he has sent two police men They are escorting me outside I think we are going to the restaurant to have my meal MUTESI EVELYN S.1D Believe me or not relationships of these days

## SELFISH WORLD

I was sitting under the sky And watched the sun during its brightness The people were not at all kind They were already playing with our minds I always imagined the world to be nice Instead everybody gave their own advice They all thought they were wise But all the eyes were on the price I rarely trusted anyone because they disguised

FRIENDSHIP Whenever I make a mistake, you're always there to erase it.

All they did was use sometimes

But when I needed them They were not there

Either winter or moosoon Spring or summer This unsinkable ship Floats forever This is only lifeboat On which I can survive It was warmer than anything MORAL LESSON Has always helped me to rev Love you my dearest teti By Laker Esther S.2G

## MOTHER EARTH CRIES FOR JUSTICE.

Hear me out! Hear me out!

It's a call of pain and shame

Hear me out! Hear me out!

It's a call of injustice and regret

From damaged Mother yet none

Of her kids can feel her pain?

Nature will pronounce its curse upon us

Heavens will hardly forgive us if we choose

To abandon our own Mother. What will become of

Where will I go? Where will I stand? How will I feel and feed?

What is there to see? What is there to love?

If not a Mother. What a shame on us!

Mother, we regret leaving you alone.

Mother earth is calling us

She is grieving deep

Our mother is breaking down

No no no no Mother, we are still too young

To be left alone for we still need to suckle.

Our mother is a gift from God the Creator

Whom nature crowns best artist

Because of her features

All she owns are wonders

Which grab our sight and we are amazed

We run speechless and shout Alleluia

Now I see it clearly, I still love you

I still need you because I need to suckle

And grow up By Shalom Dorcus S.2.G

SACRIFICE AND BENEVOLENCE -VIRTUES OF OUR PARENTS

PENCIL: I'm sorry.

ERASER: For what? You didn't do anything wrong.

PENCIL: I'm sorry because you get hurt because of me.

But as you make my mistake vanish, you lose a part of yourself.

ERASER: That's true. But I don't really mind. You see I was made to do this.

I was made to help you whenever you do something wrong. Even Though one day, I know I will be gone and you'll replace me with a new one, I'm actually happy with my job. So stop worrying .I hate seeing you sad.

Parents are like the eraser; Their children are the pencil, they are always therefor their children, always cleaning up for their mistakes. Sometimes along the way, they get hurt and become smaller or older and eventually find someone new(spouse), parents are still happy with what they do for their children, and will always hate seeing them worried or sad. AINEMBABAZI AURELIA S.1C

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"Throughout life, people will disrespect you and treat you badly, let God deal with

Never accept less than you deserve, remember you teach people how to treat you.
One of the happiest moments in life is when you find courage to let go of what you

When nothing goes right, you go left.

cannot change.

Do not try impressing people because however good you are, there are people who hate you for no reason.

Do not cry in public to show enemies you are weak.

The relationship between water and fish makes me believe

the things
they do
because
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will consume you too." Will
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Mandela Esther Tyra 2E

that betrayal is real when water participates in the cooking of the fish.

Alisha Panwar once said that if you want know somebody's mind listen to their words and observe their actions if you want to understand their heart.

I wonder why men say that they do not understand women, how can you understand what was created when you were sleeping?

BY NABIRYE MICHELLE S.2G

## A real friend is one who walks in when the rest of the world walks out.

Before you hate me, ask of what importance you were to me.

A true friend sees the first tear, catches the second and stops the third.

Don't try talking sense in a fool, he will never appreciate it.

It is better to be friends than

lovers because you forget a lover but not a friend. Beautiful people are not good, good people are beautiful.

Every Pain gives a lesson and every lesson changes a person.

Smile. Just a simple smile makes a difference in someone's day.

By Nicole Oboth S2G

## FACTS ABOUT LIFE



Esther Tyra 2E







## ST. JOSEPH'S HILL SECONDARY SCHOOL "Education is Light"



## BACK GROUND.

St. Joseph's Hill Secondary School is a Catholic founded school sponsored by priests and Brothers of the congregation of Holy Cross, operating in Kyarusozi Catholic Parish, Fort portal Diocese.

The school was established in 1996 and is fully registered by the ministry of Education and sports.

The school is both day and boarding educating both boys and girls.

## SCHOOL MOTTO:

Education is light.

## LOCATION: •

The school is located 23km off Fort portal Kampala high way from

Rugombe town council.

The school is situated in Kyembogo sub-county in Kyenjojo district.

## **ACADEMIC PERFORMANCE:**

The school has been performing well since the **years of its existence** in both ordinary and advanced level. As of 2023 results, the school was the second in Kyenjojo district and third in Rwenzori region since many first and second grades were realized in ordinary level.

All the advanced level students who sat their exams got two principal passes as of **2023** results.

Some of the students were able to acquire government sponsorship at the university.

## SOCIAL DIVERSITY.

The school is at an international level since there are students from different regions and countries e.g, Kenya, Tanzania, Rwanda among others.

The school also has sister school, like Holy Cross Lake View in Jinja, St. Francis high school USA and University of Notre Dame USA.







Located: Kyembogo - Kyarusozi Parish, 22 Kms off K'la - Fort Portal Highway P. O.Box 226, Fort Portal - Uganda **Tel: 0778 584 098/ 0786 828 588/ 075**1 721 932

## Address

Holy Cross Lake View S.S.S P.O.Box 362, Wanyange, Jinja - Uganda



Facebook

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Instagram <u>holycrosslakeview</u> X formerly Twitter: <u>Laviscans</u>

